

Presented by Ted Sofios

MAKEDONIKOS HOROS
Florina, Greek Macedonia

PRONUNCIATION: Mah-kay-dohn-koh^s Hoh-roh^s

SOURCE: Macedonian dance of Simo^s Ko^standinou

RHYTHM: 2/4 ^s,Q,Q - 1;&--2--&

RECORD: Festival 11-B (45)

FORMATION: Lines in shldr hold (T), facing LOD.

METER: 2/4

PATTERN

Meas.

MUSIC I:

1 Walking to R, step R,L (ct^s 1,2).

2 Turning to face ctr step R to R and "pull" over R ft to face L (ct 1); Bounce twice in place (ct^s 2-&).

3 "Pull" to L over L ft (ct 1); bounce twice in place (ct^s 2-&).

MUSIC II:

1 Facing R, step R to R (ct 1); hop on R (ct 2); step on L (ct &).

2 Step R fwd (ct 1); step L next to R (ct 2); step R in place (ct &).

3 Step back on L (ct 1); step back on R (ct 2); step L in place (ct &).

MUSIC III:

1 Skip R,L (ct 1-2).

2 Skip R (ct 1); Lift L in front of R, knee high and hop on R (ct 2).

3 Small chug bkwd on L (ct 1); small chug bkwd on R (ct 2).

4 Step L in place (ct 1); step R bkwd (ct 2); step L in place (ct &).

VARIATION FOR MUSIC I:

1 Turn R in LOD, stepping R,L (ct^s 1-2), OR do 4 "pull" bounce bounces in^stead of walks and 2 bounces (phrase is now 8 steps long).

VARIATION TO MUSIC II: Turn R in LOD

VARIATION TO MUSIC III: Turn R in LOD on 3 skip steps.

NOTE: Music modulates to higher key and gets faster to signal change in step. You may have to finish Music II step to Music III before starting Music III step.