

MANANG BIDAY

(Philippine) ✓

**SOURCE:** This dance introduced in the United States by Philippine Dance Authority Francisca Aquino. Please do not reproduce these directions without her permission. These directions have been condensed from her book on Philippine Folk Dances which contains music and more detailed directions.

*Ilocano*  
**MANANG BIDAY** is a dance after a popular love song in the Ilocos region. Biday is the name of a girl with whom a young man is very much in love. Manang is used for addressing an older sister. It is a favorite song of the young boys and girls who sing the words of the song alternately as they dance.

**RECORD:** Folk Dancer MH 2022-B

**FORMATION:** Partners stand about six feet apart, facing each other. When facing an audience, Girl is at right side of boy.

**COUNT:** One, two, three, to a measure.

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 Pattern
 

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- Meas.**     PART I Partners face each other and do the following step, Boy has hands on hips, Girl holds skirt:
- 2            a) Place Right heel forward (2 counts). Bring Right foot back to place (1 count).  
                  Place Left heel forward (2 counts). Bring Left foot back to place for (1 count).
- 4            b) Starting with Right foot, take two waltz steps forward to meet at center and two waltz steps backward to proper places. Arms in lateral position, moving sideward Right and Left alternately.
- 2            c) Three step turn Right in place, hands as in (a).
- 8            d) Repeat all from (a-c).
- PART II   PARTNERS FACE FRONT
- 2            a) Starting with Right foot, take two waltz steps forward, KUMITANG Right hand, Left hand on waist on first measure and reverse position of hands on second measure.
- 2            b) Do two touch steps in front, (Right, Left) with hands as in fig. Part 1-(a). The touch step is:  
                  Place Right toe forward (2 counts). Bring foot to place, ct. 1.  
                  Place Left toe forward (2 counts). Bring foot to place, ct. 1.

*continued.*

## Manang Biday

Meas.      PART II PARTNERS FACE FRONT (Cont'd)

- 2            c) Repeat Part II-(a) moving backwards to place.
- 2            d) Three step turn Right in Place. Hands as in Figure I-a.
- 8            e) Repeat all of PART II from (a-d).

REPEAT DANCE FROM BEGINNING.