

MANCHESTER

Music: Record: ~~Columbia SEVZ-577~~ Switz. EMI 3E016-77519

Formation: Cpls in ballroom pos, M facing CCW, W CW. L arm of M and R arm of W are stretched and point to ctr of circle. With children: Instead of ballroom pos: two-hand hold. Instead of polka steps: step-hops moving in a circle or two by two, etc.

<u>Meas</u>	<u>Pattern</u>
4 meas	Introduction
1-4	4 slow side-close steps to ctr of circle, ML, WR. On 4th step greet ptr with a slight bow.
5-7	Bend forearm. 6 gallop steps sdwd back to place, MR, WL.
8	Jump onto both ft.
1-8(repeat)	Repeat action of meas 1-8.
9-24	16 polka steps turning CW, moving in LOD.
9-24(repeat)	16 polka steps turning CCW, moving in LOD.

Presented by Carmen Irminger

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FOLK DANCE CAMP - 1970