Beginner

EL MAR CARIBE

RECORD:

TYPE: Circle mixer, circle of couples facing out, men behind women. Beat is highly syncopated (1 - da 2)

INTRODUCTION: 2 notes.

- A. L foot point fwd, back, turn left to face in with LRL (123-da4).

 REPEAT USING R FOOT AND TURNING RIGHT TO FACE OUT.

 REPEAT USING L FOOT AND TURNING LEFT TO FACE IN.

 REPEAT USING R FOOT AND TURNING ONLY 1/4 TURN RIGHT TO STAND

 SIDE BY SIDE WITH FARTNER.
- B. Versouvienne position, moving out of circle: Gross L. side R. DO 3 TIMES, cross L. swing R across in front (1-da2-da3-da4). REPEAT WITH REVERSE POOTWORK, MOVING INTO CIRCLE.
- C. Moving only slightly forward around circle, using a rocking motion: Fwd L R L, R L R (1-da2 3-da4). WOMEN REPEAT; MEN REPEAT, but release partner and back up. (each has moved to a new partner).

All face out and begin again.