## Marin-Congo

(France)

Marin-Congo (mah-RAN kohn-GOH) is a progressive dance from Gascogne in southwestern France. Marilyn Wathen learned it there in the summer of 1986 and presented it at the 1987 University of the Pacific Folk Dance Camp.

CASSETTE:

On Y Va Side B/1

2/4 meter

FORMATION: Cpls in a single circle, ptrs facing each other with hands down at sides. M face LOD

(CCW), W face RLOD (CW).

STYLING:

Steps are flat and smooth - no bouncing. Knees are always slightly bent.

Ftwk same for M and W.

MUSIC 2/4

PATTERN

## Measures

- 1 long note INTRODUCTION No action.
  - Step fwd on L twd ptr (ct 1); step on R beside L (ct &); step on L in place (ct 2).
  - Step diag R bkwd on R ft (ct 1); step on L beside R (ct &); step on R a little fwd of L (ct 2).
  - 3 Starting to make a CCW turn, step fwd on L into ptrs place, passing L shldrs (ct 1); continuing the turn, step on R beside L (ct &); step on L in place, completing a full turn CCW (ct 2). End in a single circle with back to orig ptr and facing a new ptr. M still face LOD, W RLOD.

NOTE: Most of the turning occurs on ct l. Ptrs should keep eye contact with each other as long as possible during the turn.

In place, step R,L,R (cts 1,&,2).

DANCE SEQUENCE: Dance pattern as written with a new ptr each time.

C Folk Dance Federation of California, Inc. August 1987