MARINO (Macedonia)

Marino comes from the region of Skopska Blatija and is from the same family of dances as "Lesnoto" or, as some call it, "Pravoto." It is slow, speeding up slightly. Sometimes it is danced holding hands with the arms bent at the elbow and held at shoulder height (usually women) or sometimes men use a shoulder hold. With the 2/4 meter, there are many songs and dance pieces to which it can be danced.

Pronunciation:

Music: AK-013 Side A/4 2/4 meter

Formation: Mixed lines, hands joined in "V" pos (down), facing ctr.

Meas	Pattern
1 2 3 4-12	I. Facing ctr, step on R to R (ct 1); step on L behind R (ct 2). Step on R to R (ct 1); bounce on R and raise L in front (ct 2). Step on L fwd ctr and plie (ct 1); bounce on L (ct 2). Repeat meas 1-3 three more times (four in all).
1-2 3 4 5 6 7 8	II. Repeat Fig I, meas 1-2. Step on L twd ctr (ct 1); step on R beside L (ct 2); step fwd on L (ct &). Step on R to R (ct 1); step on L behind R (ct 2). Step on R to R (ct 1); step on L behind R (ct 2); step on R to R (ct &). Step on L in front of R (ct 1); bounce on L and bring R to front and facing slightly in RLOD (ct 2). Step on R in RLOD (ct 1); hop on R (ct 2); step on L in RLOD (ct &). Step fwd in RLOD R,L,R (cts 1,2,&). Step on L in RLOD, facing ctr (ct 1); bounce on L and raise R in front (ct 2).
10 11 12 13-48	Step on R to R (ct 1); bounce on R (ct 2); step on L behind R (ct &). Step on R to R (ct 1); step on L in front of R (ct 2); step back on R (ct &). Step on L beside R (ct 1); bounce on L and raise R in front (ct 2). Repeat meas 1-12 three more times.
1 2 3-4 5-8 9-15 16	III. Facing and moving in LOD (CCW), step fwd R,L (cts 1,2). Step fwd R,L,R (cts 1,2,&). Repeat meas 1-2 with opp ftwk. Repeat meas 1-4. Repeat meas 1-7 in opp direction, using same ftwk. Step fwd on L (ct 1); bounce on L and raise R in front (ct 2). Note: During meas 1-8, the leader leads line twd ctr and makes an eddy.

50 MARINO (Contd)

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1-6
            Repeat Fig I, meas 1-6.
7
            Step on R to R (ct 1); leap onto L to R and turn to
            CW (ct 2).
8
            Step on R to R (ct 1); bounce on R and raise L in
            front (ct 2).
9
            Repeat meas 8 with opp ftwk.
10-12
            Repeat meas 7-9.
            Step on R to R (ct 1); step on L in front of R (ct 2).
13
            Step on R to R (ct 1); bounce on R and raise L in
14
            front (ct 2).
15
            Repeat meas 14 with opp ftwk.
            Step on R to R (ct 1); step on L in front of R (ct 2).
16
            \underline{W}: Step on R to R (ct 1); step on L in front of R (ct 2);
17
            \overline{\text{step back on R (ct \&)}}.
            M: Step on R to R (ct 1); leap onto L beside R (ct 2);
            step on R in place (ct &).
18
            W: Step on L to L (ct 1); bounce on L and raise R in
            front (ct 2).
            M: Squat (ct 1); stand on L and raise R in front (ct 2).
19-24
            Repeat meas 13-18
1-24
            Repeat Fig II, meas 1-12 two times.
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Dance notes by Fusae Senzaki

Presented by Atanas Kolarovski