## MARMARA (Turkey)

Marmara is the name of the sea which connects the Black Sea with the Agean Sea. A villager from Gaziantep goes to Istanbul where he first sets eyes on the Marmara Sea. He's so impressed that when he goes home he tells all about this wonderful sea and all its moods.

Origin: From Gaziantep (Southeast Anatolia) Style: Halay

Pronunciation:

Music: Poçik 87, TA 001 Side B/7 4/4 meter

Formation: Line. Halay style hand hold with fingers interlocked

and arms bent.

Meas	Pattern
1	Fig 1 - Takes 2 meas Step on R to R (ct 1); step on L crossing in front of R (ct 2); step on R to R (ct 3); crossing in front of R, touch L toe (ct 4).
2	Slide L slightly L (ct 1); kick L out straight twd R (ct 2); step back on L, bending body down and facing L (ct 3); touch R heel beside L, body bent, head L (ct 4).  R L R RL /Lkick L R
	R L R RL/Lkick L R
2 meas	$\underline{\text{Fig 2}}$ - Exactly the same as Fig 1 but using running/hopping steps.
1 2	Fig 3 Same as Fig 1, cts 1,2,3 (cts 1,2,3); lift L to a 90° angle (ct 4). Touch L toe on the ground slightly fwd of R (but not crossing) then begin to kick L fwd (ct 1); continue kicking L (ct 2); same as Fig 1, meas 2, cts 3,4 (cts 3,4).  R L R lift/ Lkick L R
	$\frac{\text{Fig 4}}{\text{hopping}}$ - Exactly the same as Fig 3 but using running/
1	Fig 5 Same as Fig 1, meas 1, cts 1,2 (cts 1,2); both ft together and bounce in place (ct 3); bounce again in place, careful to raise the heel (ct 4).
2	Start by raising heels again to bounce and then at the same time, the R heel drops to begin to kick L (ct 1); kick L (ct 2); same as Fig 1, meas 2, cts 3,4 (cts 3,4).

bounce kick L R

## MARMARA (cont'd)

<u>Fig 6</u> - Exactly the same as Fig 5 but using running/hopping steps.

To Finish Running s

Running step R on R (ct 1); L cross in front of R (ct 2); jump onto both ft and then begin to kick L (ct 3); kick L (ct 4). Jump onto both ft, together, facing ctr and say "HEY."



\*Do "Fig 1" five times, "Fig 2-3-4-5-6" four times

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