MARTGASSLER (Switzerland)

Music: Record: EP 17112 Amadeo.

Formation: Cpls in a circle, hands joined. To return to ptr, 8 cpls are necessary. Otherwise it becomes a mixer.

Meas	Pattern
	FIGURE I. CIRCLE L AND R
1-2	Two mazurka steps (walk-walk-hop, crossing free ft over
	on hop). Moving to the L, begin with L ft.
3-4	Two waltz-steps still moving in the same direction.
5-8	Repeat the movements of meas 1-4.
9	Still facing CW, take 3 steps bkwd, making 1/2 turn on 3rd step so as to face to the R (CCW).
10	Three steps in this new direction, making 1/2 turn on
s W est mic	3rd to face L.
11-16	Repeat meas 9-10 three more times, for a total of 4.
hi no abasid	14 constanding in outside circle-facing in.
	FIGURE II. "CRADLE STEP"
	Ballroom pos, joined hands pointed twd the ctr.
1-2	Two side-waltz steps in and out, gracefully lowering
	hands on "in" and swaying slightly inward, bending elbows and bringing hands to you on "out."
3-4	Full turn CW with 2 waltz steps, moving in LOD.
	Repeat action of meas 1-4.
	Repeat action of meas 1-8 (Figure II), but the waltz turns are done CCW and moving against LOD (RLOD).
	- W go into on with a gallop steps neglining
	FIGURE III. STEP-SWING WITH TURN
	M back to ctr, his R hand holds W L hand, free hands
nt comercia	of both dancers are at small of own back.
1-2	Two step-swings, M first stepping on L and swinging R across in front, then stepping on R and swinging L across.
	W does the same with opp ftwork. On first, both face
	LOD, on second face each other.
3-4	Balance away from each other and together again with 2 waltz steps.
5-6	Repeat action of meas 1-2, Figure III.
7-8	With 6 steps both turn under joined hands (ML, WR),
	end with stamp, facing each other.
9-16	Repeat action of meas 1-8 (Figure III).

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FIGURE IV. SIDE MAZURKA Ballroom pos. 1 - 4Two side-mazurka steps, then full turn with 2 waltz steps 5-16 Do this 3 more times for a total of 4. FIGURE V. SIDE-STEPS WITH ARMING 1 - 2Release hands, all put hands on own hips, facing ptr, M back to ctr. Take 4 small side-slide steps to own L and stamp R ft twice, ending up facing person who was second over from your own ptr. 3 - 4Link R elbows with this person and starting with R ft make one full turn with 2 waltz steps. 5-16 Repeat the action of meas 1-4, 3 more times, for a total of 4, but the last time, instead of linking elbows and turning, ptrs give R hands, and the M pulls the W twd ctr while he moves out of the circle and with a 1/2 turn R ends up in an outside circle facing in. At this point the W are in an inner circle facing in, hands joined in high arches, M are standing in outside circle facing in, hands on hips. FIGURE VI. GALLOPS INTO CTR 1-2 M takes 4 gallop steps into ctr beginning with R ft, passing under arch formed by his ptr's R arm, stamping L ft twice when he arrives in ctr. M join hands in inside circle and dance bkwd with 2 waltz steps, expanding their circle and raising hands to make high arches. (W must also move bkwd as the M's circle expands -- W finally release hands and put on own hips.) 5-6 W go into ctr with 4 gallop steps beginning with L ft, passing under arch formed by ptr's L arm, stamping R ft twice when she arrives in ctr. With 2 waltz steps, W back out and all join hands in one big circle. FIGURE VII. FINALE - CIRCLE LEFT AND BOW 1 - 2Moving L in the circle, take 2 mazurka steps, beginning L ft. 3 - 4Two waltz steps, continuing to move L. 5-6 Two more mazurka steps, continuing to move L.

Presented by Carmen Irminger

With one waltz step, all release hand of neighbor who is not one's ptr, M turns W to her L (CCW) under joined

One waltz step, continuing to move L.

hands and both bow.