## MARUSZKA (Poland)

MARUSZKA is a popular name of a girl (derived from Maria). A couple dance in 3/4 meter from the Kaszuby region, contains two parts of 16 meas each.

Pronunciation: mah-ROOSH-kah

Record: Dances of Poland Side B/6 3/4 meter

Formation: Cpls around the circle, ptrs facing approximately 1'

apart. M back to ctr with hands on hips. W hold skirt.

Meas	<u>Pattern</u>
1-2	Introduction Bow to ptr and straighten one arm (M R, W L) to the side, connect hands about waist level.
A 1	Part I Side step in LOD (M L, W R) as connected hands move into direction of movement thru down pos to waist level (continue during ct 2) (ct 1); while putting other ft together, raise slightly on toes (ct 2); rest
2	on both ft. Connected hands move back to beg pos (ct 3). Repeat meas 1 in LOD.
3	M: With another step-together in LOD, give ptr a little push with R hand to turn her CW.
	<u>W:</u> After releasing hold make one full CW turn with 3 steps R,L,R, moving at the same time in LOD. Hold skirt.
4	Three accented steps in place (M-R,L,R; W-L,R,L).
5–6	Repeat meas 1-2.
7	With 3 steps both make full turn in place - M to L (CCW); W to R (CW).
8	Two accented steps in place (M-R, L weightless; W-L,R weightless (cts 1,2); hold (ct 3).
9	Step-together away from each other - M twd ctr, W away. With the first step both make 1/4 turn, so they are facing LOD. M hands on hips, W holds skirt.
10	Repeat meas 9 in the same direction.
11	Step-together twd each other.
12	Another step-together ending with 1/4 turn twd each other so ptrs are facing, M back to ctr.
13	Assume hold as during Introduction and make step-together in LOD. Connected hands move into direction of movement thru down pos.
14	Step-together in opp direction (RLOD). M beg with R ft, W L. Connected hands return to beg pos.
15	Both ptrs turn away from each other with 3 steps (M CCW, W CW).
16	Two accented steps in place, as in meas 8. Join both hands with ptr in front of you.

## MARUSZKA (contd)

B 1	Part II Beg with M L, W R, take step twd each other to ptr L,
<b>-</b>	extend arms to the sides (ct 1).
	Put other ft together and raise on both ft (ct 2); rest on both ft (ct 3).
2	Beg with M L, W R, do step-together away from each other.
	Connected hands return in front.
3-4	Repeat meas 1-2 with opp ftwk and to the R of ptr.
5-6	Ptrs side by side, facing LOD. Outside hands (M L, W R)
	joined and held in front of body about waist level.
	Inside hands joined above outside hands with elbows
	straight and hands pointing in LOD. Beg with outside
	ft do 2 step-togethers in LOD.
7	Beg with outside ft, do 3 running steps in LOD.
8	Two accented steps in place with 1/4 turn twd ptr
	(M-R,L; W-L,R) (cts 1,2); hold (ct 3). Extend arms
	to the sides at the end.
9-16	Repeat meas 1-8 (Part II).

Repeat dance from the beginning one more time.

Presented by Jacek and Bozena Marek