

MAŠKOTO
(Macedonia)

From the Voden (Edessa) area in Aegean Macedonia.

Pronunciation: MAHSH-koh-toh

Music: RTB - LP 1394

7/4 meter

Formation: Open circle of M, facing LOD. Hands on hips, palms in, fingers fwd, thumbs back. The leader has his hands in the air, towel or kerchief in his R hand.

Meas Cts
3 meas

Pattern

Wait.

INTRODUCTION.

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|-----|-----|-----------------------------------------------------------------------------------------------------------------------------------------------|
| 1 | 1 | Large hop on L. Free R leg is raised high fwd; body turns somewhat into circle. |
| | 2 | Step on R ft fwd, but don't shift wt (LOD). Ball of R ft is in contact with ground and may receive some wt; body may again face LOD. |
| | 3 | Shift wt onto R ft. L is quickly removed from the ground and raised slightly behind, while the knee moves fwd, up, and bends. |
| | 4 | Step (no wt) L ft by or fwd of R (LOD). |
| | 5 | Shift wt onto L ft. R is quickly removed from ground, as in ct 3. |
| | 6 | Step (no wt) on R ft fwd (LOD). |
| | 7 | Shift wt onto R ft. L is quickly lifted from the ground as in ct 3. |
| 2 | | Repeat meas 1, still moving LOD. Body now turns slightly out of circle on ct 1. |
| 3-6 | | Repeat meas 1-2 twice. |
| 7 | 1-3 | Repeat cts 1-3 of meas 1. |
| | 4 | Step (no wt) on L ft into circle. Hands are removed from hips and raised into a "straight out to the side" pos. |
| | 5 | Shift wt onto L ft. Arms are straight out to sides, L arm pointing diag L of ctr, R arm out of circle. R ft is quickly lifted from ground. |
| | 6 | Step (no wt) on R in place. Body and ft face more twd ctr. Arms, still out to sides, are rotated with body and moved to "hands on shldr" pos. |
| | 7 | Shift wt onto R ft. Face just R of ctr. |

Fig I (Slow)

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|---|---|----------------------------------------------------------------------------|
| 1 | 1 | Lift on R. Free L is raised high fwd. |
| | 2 | Step (no wt) on L, a bit to L of R ft. Body faces ctr. |
| | 3 | Shift wt onto L. Free R ft is quickly lifted from ground. |
| | 4 | Step (no wt) R fwd and almost in front of L. Body faces somewhat L of ctr. |
| | 5 | Shift wt onto R. Free L is quickly lifted from ground. |
| | 6 | Step (no wt) on L in place. |
| | 7 | Shift wt onto L. Free R is quickly lifted from ground. |

MAŠKOTO (cont'd)

- 2 Repeat meas 1 with opp ftwk.
 3 Repeat meas 1.
 4 1-3 Repeat cts 1-3 of meas 2, but face R of ctr and move LOD. Wt may be shifted onto R on ct 2, rather than ct 3.
 4 Slight but distinct "chug" on R (LOD). R knee is somewhat flexed. Free L is raised high fwd.
 5 Hold.
 6 Step fwd on L (LOD). L is deeply flexed while receiving wt. Free R is bent at knee and raised behind)
 7 Straighten L leg somewhat. Body is thus lifted and free R ft is brought fwd for the next step.
 5 Repeat meas 2, but turn to face ctr on ct 2.

Fig II (Fast)

Transition: The signal is given by the leader with his towel, usually during meas 2 or 3, then the handhold is changed and meas 4 is then done as described below. Hands are now joined at shldr level.

- 1-3 As in the slow part. However, the wt may be shifted immediately on cts 2,4,6 with a čukče on cts 3,5,7. In addition there is a slight additional čukče on cts 5+,* before stepping back on ct 6.
 4 1 Hop on L. Turn to face R of ctr and move LOD.
 2 Large step fwd on R (LOD). L ft is not immediately lifted from ground. Both knees are deeply bent, so that you are "sitting."
 3+ Leap off of both ft onto L which has been brought fwd to the pos occupied by R ft. Total motion is fwd. Free R is bent at knee and hooked across in front of L knee, so that R heel is to the L and further back than L calf.
 4 Step fwd on R (LOD). Knees are still somewhat flexed.
 5 Optional cukce on R while bringing L fwd for next step.
 6 Step fwd on L (LOD).
 7 Hold - continued flow of motion.
 5 Like meas 2, but continue moving and facing LOD until ct 4 when you turn more twd ctr.

Turns

During the Fast Fig, turns may be added according to the leader's signal.

CW Turn: On meas 4-5, while moving LOD, one can do one or two CW turns. Prepare for this on meas 4, ct 4 by stepping fwd on R, but placing R ft so that it points out of the circle. Turn CW on meas 4, ct 6 and meas 5, ct 1. Free R leg is bent at knee, and held below body, next to L leg). One may continue to turn CW on meas 5, ct 2, and meas 5, ct 4 to make a second complete turn.

CCW Turn: This may occur in meas 3. Prepare for this on meas 2, cts 6-7 by stepping on R ft slightly more to L than usual, and beg turn on ct 7. Turn occurs on meas 3, cts 1-3. Free L leg is bent at knee and held below body.

MAŠKOTO (cont'd)

"Raised high fwd": The upper leg is approximately parallel to the ground. The knee is considerably bent. The lower leg is allowed to hang down, pointed somewhat fwd, and definitely crossing in front of the other leg.

*A notation such as "3+" means halfway between ct 3 and ct 4. Similarly "5++" means three-quarters of the way from ct 5 to ct 6.

Original notes by Robert Leibman
Edited somewhat to fit Syllabus format.

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