

MAYIM, MAYIM—Water, Water

MAH-yim

A modern Israeli folk dance signifying joyousness and thanks in the discovery of water in the desert.

Record: Folkraft #1108 "Mayim".

Formation: Single circle facing center, no partners.

Starting Position: All hands joined with arms extended straight downward, Right foot free.

FIGURE I

MUSIC A

Measures

- 1 - 8** **FOUR "CIRCASSIA" STEPS**, starting with Right foot, progressing clockwise. Circassia step: Cross and Step on Right foot in front of Left, turning slightly to left (1 and), Step on Left foot, beside Right, turning to face center (2 and), Cross and Step on Right foot in back of Left, turning slightly to right (1 and), Leap lightly onto Left foot, turning to face center (2 and).

ENTIRE PATTERN OF MEASURES 1-2 DONE FOUR TIMES,
accenting first step on Right foot.

FIGURE II

MUSIC B

Measures

- 1 - 2** **FOUR RUNNING STEPS FORWARD, TOWARD CENTER OF CIRCLE**, starting with Right foot. Accent the first step by leaping forward on Right foot, landing in a deep knee bend with body bent forward. Raise arms gradually upward while advancing toward center with three light Running steps, (Left, Right, Left). Finish with arms and head lifted upward.

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- 3 - 4 FOUR RUNNING STEPS BACKWARD, AWAY FROM CENTER**, starting with Right foot. Accent the first step by leaping backward on Right foot, landing in a deep knee bend. Lower arms gradually while moving backward with three light Running steps (Left, Right, Left). Finish with body erect, arms extended straight downward.
- 5 - 8 REPEAT PATTERN OF MEASURES 1-4.**

INTERLUDE

Measures

- 1 - 2 CIRCLE LEFT WITH FOUR RUNNING STEPS**, starting with Right foot. All face left, keeping hands joined, and progress clockwise with four Running steps forward, starting with Right foot. Finish facing center, with left foot free.

FIGURE III

MUSIC C

Measures

- 1 - 4 TAP LEFT TOE IN FRONT AND TO SIDE, HOPPING ON RIGHT FOOT.** Hop on Right and touch Left toe across in front of Right foot (1 and), Hop on Right and touch Left toe to left side (2 and). This pattern done **FOUR TIMES**.
- 5 - 8 TAP RIGHT TOE IN FRONT AND TO SIDE, HOPPING ON LEFT FOOT AND CLAPPING HANDS.** Hop on Left and touch Right toe in front of Left foot, clapping hands once in front (1 and), Hop on Left and touch Right toe to right side, opening hands out to side (2 and). This pattern done **FOUR TIMES**.