

PHILIPPINE MAZURKA
(Philippine)

This dance is presented as taught by Mrs. Ruth Voss, a native of the Philippines.

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| <u>Music</u> | Piano: See Ref. 908, "Folk Dances From Near and Far," Vol. IV |
| <u>Formation</u> | Couples in closed* position (no set formation). The extended arms follow the natural sway of the body. |
| <u>Steps</u> | Mazurka*, out step* *Description of step pattern given in "Folk Dances From Near and Far," Vol. I-IV. |

| Music (3/4) | Pattern |
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| Measure | I. <u>Touch Step and Turn</u> |
| A 1 | Starting M L and W R extend ft to side (ots. 1,2) and return to supporting ft, M R and W L, (ot. 3). The moving ft is kept in contact with the floor during this movement. The body sways naturally in the direction opposite the moving ft. |
| 2 | Turn in place clockwise three steps M-L, R, L and W-R, L, R.* |
| 3 - 4 | Repeat action of meas. 1-2, M starting by extending R swd and W L. Continue to turn clockwise in place, M-R, L, R and W-L, R, L. |
| 5 - 8 | Repeat action of meas. 1-4. |
| 9 - 16 | Repeat action of meas. 1-8. |
| B 1 - 2 | II. <u>Mazurka and Cut Step</u> Moving fwd in line of direction take 2 mazurka steps starting on outside ft. |
| 3 | Leaping on outside ft, M L and W R, out inside ft bwd (ots. 1,2) step on inside ft, M R and W L, turning toward partner to face in opposite direction (ot. 3). |
| 4 | Close outside ft, M L and W R, to supporting ft (ots. 1,2,3). |
| 5 - 8 | Repeat action of meas. 1-4 moving in opposite direction starting with M R and W L. The same closed position is retained throughout the 8 meas. |
| 9 - 16 | Repeat action of meas. 1-8. |
| A 1 | III. <u>Touch Step and Grapevine</u> Beginning M L and W R extend ft to side (ots. 1,2) and return to supporting ft, M R and W L, (ot. 3). Note on ot. 3 the weight is shifted to the M L and W R. The moving ft is kept in contact with the floor. |
| 2 | Repeat action of meas. 1 starting M R and W L. Note on ot. 3 the weight is shifted to M R and W L. |
| 3 | Moving to M R step across with outside ft, M L and W R, (ot. 1), step swd with inside ft, M R and W L, (ot. 2), close with outside ft, M L and W R, (ot. 3). |
| 4 | Repeat action of meas. 3 starting with inside ft, M R and W L. |
| 5 - 8 | Repeat action of meas. 1-4. |
| 9 - 16 | Repeat action of meas. 1-8. |
| C 1 - 3 | IV. <u>Mazurka</u> Beginning M L and W R take 3 mazurka steps moving fwd counter-clockwise around the hall. |
| 4 | With three steps in place make a half turn clockwise, M-L, R, L and W-R, L, R. M is now on the outside facing the center of the room. Partners retain same closed position. |
| 5 - 8 | Continuing in same counterclockwise direction repeat action of meas. 1-4. M starts mazurka R and W L. The half turn is again taken in clockwise direction, M returning to inside position. |
| 9 - 16 | Repeat action of meas. 1-8. |
| | *Note: Only 1/2 turn is made on the three steps. M alternately has back to center and then faces center of room. |