

ME'EVER LANAHAR
(Israel)

Dance by Eliyahu Gamliel; music by Nisan Cohen.

Pronunciation:

Translation: Across the River

Music: 4/4 meter.

Formation: Short lines in shldr hold ("T" pos).

<u>Meas</u>	<u>Cts</u>	<u>Pattern</u>
<u>PART A (Lines in shldr hold).</u>		
1	1-2	Two steps fwd R,L in LOD.
	3-4	Two-step R to R.
2	1-2	Two steps fwd L,R.
	3-4	Fast bkwd Yemenite L.
3-4	1-8	Repeat meas 1-2.
<u>PART B (Simple hold, facing ctr).</u>		
1	1	Step R fwd while bending body fwd and arms down.
	2	Cross L over R while body straightens and arms come up.
	3-4	Repeat cts 1-2.
2	1-2	Fast Yemenite R with hop.
	3	Step L to L and cross R over L.
	4	Hop on R and step L to L.
3-4	1-8	Repeat meas 1-2.
<u>PART C (Face ctr).</u>		
1	1-2	Two steps R,L fwd
	3-4	Two-step R fwd while raising arms
2	1	Step L to L.
	2	Cross R over L.
	3-4	Two-step L to L.
3	1-2	Two steps R,L bkwd.
	3-4	Two-step R bkwd while lowering arms.
4	1	Step L to L while turning 1/4 to R (CW).
	2	Close R to L.
<u>PART D (Ending).</u>		
1		Step-hop R (strong step) fwd while turning 1/2 to R (CW), and lifting L fwd.
2		Step L to L and close R to L.
3-4		Repeat cts 1-2 with opp ftwk.
5-7		Two steps R,L while turning 1-1/2 to R, progressing in LOD (CCW).