

MECHETO

This dance, presented by Marcus Moskoff, is from the repertoire of the Children's Pioneer Ensemble of Sofia, Bulgaria.

Record: "M. Moskoff Introduces Song and Dance from Bulgaria" Vol. I "Mecheto"

Music: 2/4 (one and two and)

Formation: Lines with hands joined down at sides. (Dance begins after 12 meas. of instrumental introduction)

MEAS. PATTERN "RIGHT AND LEFT"

- 1 Facing and moving R LOD, run fwd. on R ft. (ct. 1), run fwd. on L ft. (ct. 2).
- 2 Step fwd. on R ft. (ct. 1), step fwd. on L ft. (ct. "and"), step fwd. on R ft. (ct. 2).
- 3 Facing R LOD, step bkwd. on L ft. (ct. 1), step bkwd. on R ft. (ct. and), step in plc. on L ft. (ct. 2).
- 4 Repeat action of meas. 2
- 5 Facing R LOD, run bkwd. on L ft. (ct. 1), run bkwd. on R ft. (ct. 2)
- 6 Repeat action of meas. 3.
- 7 Facing and moving twd. center, repeat action of meas. 2 .
- 8 Facing ctr., but moving bkwd., repeat action of meas. 3.
(Repeat meas. 1-8 once again)

PATTERN "IN PLACE"

- 1 Facing ctr., hop on L ft. swinging R ft. fwd. (ct. 1), step on R ft. next to L ft., swinging L ft. fwd. (ct. and), step on L ft. next to R ft., swinging R ft. fwd. (ct. 2), step on R ft. next to L ft. swinging L ft. fwd. (ct. and)
- 2 Step on L ft., next to R ft. swinging R ft. fwd. (ct. 1), step on R ft. next to L ft. swinging L ft. fwd. (ct. and). Step on L ft. next to R ft. swinging R ft. fwd. (ct. 2). (Pause during ct. "and") (From ct. "1 and" of meas. 1, this action may be described as six scissors steps).
- 3 Repeat action of meas. 1., but pause during ct. (2) "and".
- 4 Repeat action of meas. 3.
- 5-8 Repeat action of meas. 1-4.
(Repeat meas. 1-8 once again).

Presented by Marcus Holt Moskoff