

MECHOL HADVASH
(Dance of Honey)

Dance: Moshiko
Music: Neeman

Formation: Lines, face CCW. Join hands.

PART ONE

- 1-2 : Step-hop R fwd. Low steps
- 3-4 : Step-hop L fwd
- 5-7 : Three steps fwd RLR and hop on R
- 8 : Hold
- 9-16 : Reverse 1-8 start L fwd
- 17-32 : Repeat 1-16

PART TWO- (change direction, more CW) Face center.

- 1-2 : R bwd
- 3-4 : Face center, L swd
- 5-6 : R crosses in front of L fwd
- 7-8 : L to left side (stamp and extend right leg to side)
- 9-24 : Repeat 1-8 twice more

PART THREE

- 1-2 : Hop on L, extend R in front touch floor
- 3-4 : Leap on R bend L bwd
- 5-8 : Reverse 1-4 hop on R
- 9-24 : Repeat 1-8 twice more

PART FOUR

- 1-2 : Hop L fwd
- 3-4 : Step-hop R fwd
- 5 : L fwd
- 6 : R crosses in front of L
- 7-8 : L bwd
- 9 : Jump on both, cross feet, R behind L
- 10 : Jump on both with feet apart
- 11-12 : Reverse 9-10
- 13-16 : Repeat 9-12
- 17-32 : Repeat 1-16

(continued on next page)

MECHOL HADVASH (continued)

PART FIVE

Bend body fwd, arms extended forward, shoulder level, hands joined.

- 1 : R to right side
- 2 : L closes to R
- 3 : R to right side. On count 1-3 arms move bwd
- 4 : Hold
- 5 : L crosses in front of R arms fwd
- 6 : Hold
- 7 : Close R to L and clap
- 8 : Hold
- 9-24 : Repeat 1-8 twice more

PART SIX

- 1-2 : R to right side, arms bwd
- 3-4 : L closes to R
- 5-8 : Reverse 1-4, arms move fwd
- 9-24 : Repeat 1-8 twice more