

MECHOL OVADYA
(May-höle'. Öh-vähd' -yäh)

(Israeli line dance, no partners)

Record: 1110x45A and 1475x45B and LP-12 (side B band 1).

Formation: Open or broken circle, or line, leader at right end.

Starting Position: "V" position: hands joined and down, resembling the letter "V". Right foot free.



Music 4/4

Measure

CHORUS (Music AAAA)

- 1 Step sideward right on right foot (count 1), bend both knees drawing left foot to right without transferring weight (count 2), and REPEAT, reversing direction and footwork (counts 3-4).
- 2 Tap ball of right foot forward (count 1), in back (count 2), then in place beside left foot, twice (counts 3-4).
- 3-8 REPEAT pattern of measures 1-2 three more times (4 times in all).

FIGURE I (Music B)

- 9-10 STEP-BEND* sideward right on right foot (counts 1-2), cross and STEP-BEND on left foot in back of right (counts 3-4), STEP-BEND sideward right on right foot (counts 5-6), jump lightly on both feet together (count 7), hop on left foot bending right knee to raise right foot slightly up in back (count 8).
- 11-16 REPEAT pattern of measures 1-2 three more times (4 times in all).

FIGURE II

- 1-8 REPEAT CHORUS pattern above.
- 9 Facing slightly and moving right, two STEP-BENDS* (right, left) forward.
- 10 Two running steps (right, left) forward (counts 1-2), jump lightly on both feet together (count 3), hop on left foot bending right knee to raise right foot slightly up in back (count 8).
- 11-16 REPEAT pattern of measures 1-2 three more times (4 times in all). Finish facing front in original starting position.

FIGURE III

- 1-8 REPEAT CHORUS pattern above.
- 9-16 As Figure I above, except turn 1/4 right on the jump (count 7), then turn 1/4 left to face front on the hop (count 8).

*STEP-BEND (right) (♩♩): Step on right foot (count 1), bend and straighten right knee (counts 2-and). Step-Bend (Left): same, reversing footwork.

DANCE DESCRIPTION BY OLGA KULBITSKY AND RICKEY HOLDEN

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