A traditional dance of Mecklenburg, Germany, taught by Jane Farwell to Walter Grothe who then presented it at the 1956 College of the Pacific Folk Dance Camp.

Form: Double circle, M on inside, ptrs facing. Closed dance pos. Open slightly twd LOD.

Steps: Mazurka, Waltz, Walk.

Mazurka step: (Directions for M, W dances counterpart).

Step fwd L (LOD) with slightly bent knee, accent, (ct 1).

Close R to L, (ct. 2). Hop R kicking L heel toward R ankle lightly (ct 3).

Music: 3/4

Measures NO INTRODUCTION

I. MAZURKA STEP AND WALTZ.

Starting M L, W R, do Mazurka step fwd LOD.

Step, close (M L, W R), (ct 1,2) hold, (ct 3).

Repeat action of Fig I, meas. 1-2.

Waltz 4 meas. making 2 CW turns, M starting back on his L, W fwd on her R. Finish with M back to ctr. of circle. Progress (LOD).

Repeat action of Fig I, meas. 1-8.

II. OPEN WALTZ, SHORT TURN AND CLAP.

In open dance pos, inside hands joined, free hand on hip, waitz fwd LOD M L, W R, swinging Joined hands fwd at shoulder height, elbows bent.

Continue waitz fwd swinging Joined hands back at shoulder height, elbows bent.

Release handhold and in one waitz step turn away from ptr, M, CCW and W, CW, returning to face ptr.

Clap own hands 3 times (ct 1,2,3), moving fwd in LOD at the same time, M, RLR, W, LRL.

Repeat action of Figure 11 meas. 1-3
In closed dance pos progress fwd in LOD, M, RLR, W, LRL.

Repeat action of Figure 1, meas. 1-8.

III. OPEN WALTZ, BIG WALK AROUND AND CLOSED TURN.

1-2
3-4
Release handhold and in 6 walking steps describe a circle away from ptr (M, CCW and W, CW)
5-6
Repeat action of Figure II, meas. 1-2.
In closed dance pos cpl turns CCW in place in 6 steps, M as a pivot leads W around him.
9-16
Repeat action of Figure III, meas. 1-8.
Repeat action of Figure II, ii.