

MENDO BARI

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MENDO BARI is a dance from Artvin, a region in northeastern Turkey. It is very typical of many Artvin dances which change tempos. Ercüment Kılıç learned this dance while a member of the Turkish National Ensemble in 1977. Ercüment introduced MENDO BARI for the first time in the United States in St. Louis, Missouri, June, 1981.

Pronunciation : Měn'- dōe 'Bââ-rē  
 Record : Ercüment Kılıç Presents: Turkish Dancin'  
 Hindi 004  
 Meter : 4/4 (both tempos)  
 Formation : Facing center, mixed line, hands joined, LOD  
 Styling : Sharp and crisp staccato movements

Measures

Pattern

Figure 1 (Walking) (Each step in this figure has a forward "bicycle" motion of the leg).  
 1 Step R, turning to face LOD (ct 1); Step L fwd (ct 2); step R fwd (ct 3); brush L foot back on right side of R foot (ct 4). All of meas. 1 is done leaning fwd from the waist.  
 2 Step L, turning to face center, straightening body and raising arms fairly high above shoulder level (ct 1); step R in place (ct 2); step L in place (ct 3); brush R back on left side of L foot (ct 4).  
 3-12 Repeat meas. 1-2 for 5 more times.

Figure 2 (Two-Steps) (Facing LOD, hands down)  
 1 Running two-step, beginning with R (R,L,R) (cts 1-2); running two-step, beginning with L (L,R,L) (cts 3-4).  
 2 Jump on both feet, weight on R (ct 1); hop on R, kicking L foot fwd (ct 2); hop on R, touching L toe across R foot (ct 3); hop on R, kicking L fwd, turning ¼ turn to left (ct 4).  
 3 Step L,R,L scissors, facing center, arms up (cts 1-2); R,L,R scissors facing center, arms up (cts 3-4).  
 4 L,R,L scissors (cts 1-2); hop L, touch R toe across L foot (ct 3); hop L, lifting R (ct 4).

Figure 3 (Two-Steps with Squats)  
 1 Running two-step, beginning with R (R,L,R) (cts 1-2); running two-step, beginning with L (L,R,L) (cts 3-4).  
 2 Squat facing LOD, knees together (ct 1); resuming upright position, hop R and kicking L (ct 2); hop R, touching L across R foot (ct 3); hop R, kicking L, turning ¼ turn to the left (left kick is towards center) (ct 4).  
 3-4 Repeat meas. 3-4 of Figure 2 (Two-Steps).  
 5-8 Repeat meas. 1-4 of Figure 3 (Two-Steps with Squats).

Dance repeats from the beginning once more.

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