

MENOUSIS -- Greece (Epirus)
(Line dance, no ptrs)

Translation: A boy's name.

Music: Record: Folkraft LP-6, side B, band 6. 2/4 meter.

Starting Position: "V", pos. R ft free.

Steps: **SCISSOR-STEP (R):** A small leap on R ft, simultaneously kicking the L fwd, knee almost straight (ct 1). Repeat, reversing footwork for **SCISSOR-STEP (L)**.

VARIATION I

Measures	Pattern
1	Facing slightly and moving R, 2 steps fwd (R, L) (cts 1-2).
2	Step fwd on R ft (ct 1), L knee almost straight, swing L ft slowly fwd (ct 2).
3	Still facing slightly R, 2 steps (L, R) bkwd.
4	Turning to face ctr, step on L ft sdwd L, turning hips slightly L (ct 1), Stamp R ft in place, turning hips slightly R (ct 2).
5	Stamp L ft in place, turning hips slightly L (ct 1), Feet together, flex both knees (ct 2).
6	Cross and touch R toe in front of L (ct 1), pause (ct 2).

VARIATION II

1-3	Same as I above.
4	Turning to face ctr, step sdwd L on L ft (ct 1). Two Scissor-Steps (R, L) in place (cts 2-and).
5	Scissor-Step (R) in place (ct 1). Step sdwd L on L ft (ct 2).
6	Cross and touch R toe in front of L (ct 1), pause (ct 2).

Presented by Dennis Boxell

Dance description by Dennis Boxell and Rickey Holden. Abbreviations used to conform to U.O.P. syllabus format.