

#### 4. MERMINGAS

Formation: Arms on shoulders in an open circle.  
Women usually in a separate line.  
Line moves CCW, using a 4 bar introduction

Measure: Fig. (A)

- 1 Step R ft to R large step
- 2 Step L ft across front of R
- 3 Step R ft to R and lean sideways to R bending R ft as you step and straighten L knee, leaving legs apart
- 4 Step to L with L ft (in place) and lean away to L as in meas 3

Fig. (B)

- 1 step R ft to R
- 2 cross step L ft in front of R.
- 3 step R ft to R lift L ft in front
- 4 step L ft to R, raise R ft in front

Fig. (C)

- 1 step R ft to R
- 2 cross L ft in front of R
- 3 large leap to R onto R ft
- 4 hop three times on R ft in place with L leg crossed behind

FIG. C. MAY BE REVERSED TO LEFT WITH OPPOSITE FOOTWORK

Fig. (D)

- 1 step R ft to R
- 2 step L ft across front of R
- 3 leap to R onto R ft
- 4 moving RLOD jump to L onto L ft, step R ft across in front of L ft, step L to side, bring R to L with stamp

FIG. D. MAY BE REVERSED TO LEFT WITH OPPOSITE FOOTWORK

Fig. (E)

- 1 step R ft to R
- 2 step L ft crossing in front of R ft.
- 3 leap to R with R ft, bring L leg high behind
- 4 leap to L with L ft, bring R leg high behind

FIG. E. MAY BE REVERSED TO LEFT WITH OPPOSITE FOOTWORK

#### 5. PARTALO

Formation: Men holding arms on shoulders in an open circle, and no more than eight dancers in a line. Bodies leaning forward as they move into the different variations.

Measure: Fig. (A)

- 1 step R ft to R--body leans fwd
- 2 step L ft crossing in front of R in LOD---body still fwd
- 3 large step to R with R ft, swing L ft across R ft in front
- 4 large step to L with L ft, swing R ft behind L ft, body still leaning fwd.

(These steps are to be done in a circle and as the dancers accelerate, the last dancer will leap thru the air on the last 2 measures)

DANCE 4 TIMES

Fig. (B)

- 1 with both feet together squat, body straight, deep knee bend
- 2 kick L leg out directly in front ctr, while bouncing on R ft
- 3 tuck in L leg, and kick out R leg straight front ctr.
- 4 tuck in R leg, bringing R ft to L, and immediately jump with both feet apart

DANCE 4 TIMES

Fig. (C)

- 1 Release arms and prepare to turn, body leaning fwd, step R ft to R
- 2 step L ft crossing in front of R and doing half-turn CW
- 3 swing L ft across front of R finish turn.
- 4 finish out measure as in Fig. (A) Meas. 4.

DANCE 4 TIMES

Fig. (D)

- 1-4 Men close circle in a huddle, and all squat with feet together in a deep knee bend, arms at shoulders hop with both feet to R, (TWICE) and hop to L with both feet

DANCE 4 TIMES