

Metovničanka

(Central Serbia)

Metovničanka means "from the region of Metovnica," and comes from the area of Bor, Metovnica.

Pronunciation: meh-tohv-nee-TCHAN-kah

Record: RTB LP-2310228 Side A/5

2/4 meter

Formation: Line or open circle, no partners, leader at R end. V-pos, wt on L ft.

Meas

Pattern

PART I—THREE STEPS

- 1-2 Facing ctr, step on R ft sdwd R (ct 1); step on L ft across in front of R (ct 2); step on R ft sdwd R (ct 3); swing L leg (knee bent very slightly) low fwd—R in front of R (ct 4).
- 3-4 Repeat meas 1-2 with opp ftwk and direction.
- 5-16 Repeat meas 1-4 three more times (4 times in all).

PART II—SEVEN STEPS

- 17-18 Step on R ft sdwd R (ct 1); step on L ft across in front of R (ct 2); step on R ft sdwd R (ct 3); step on L ft across in back of R (ct 4).
- 19-20 Repeat Part I, meas 1-2.
- 21-24 Repeat meas 17-20 with opp ftwk and direction.
- 25-32 Repeat meas 17-24.

PART III—FIFTEEN STEPS

- 33-38 Repeat Part II, meas 17-18 three times.
- 39-40 Repeat Part I, meas 1-2.
- 41-48 Repeat meas 33-40.

Presented by Desa Djordjević

Original description by Desa Djordjević and Rickey Holden

© 1996 Folkraft-Europe, edited to fit syllabus format