

MEXICAN MIXER

MEXICAN MIXER-- a Tex- Mex Dance

Music: Atotonilco "Musart" # 1154
 or any good Mexican Polka

FORMATION: Couples in a circle, in promenade position, facing L.O.D.

Part 1. Man starts on Left foot, Woman on right. Take 4 steps forward in L.O.D. Turn to face partner, but continue moving in same direction. Step to the side with left foot, cross right behind left foot, step to left left foot. Woman does same, but with opposite feet.
 Repeat all of Part 1, in opposite direction, starting with other foot. Face partner, continue to hold right hand, but drop the left.
 Extend your left hand--give it to your neighbor, who also has a free left.

Part 2.
 Balance forward, balance back (men will be facing out, women will be facing twds center.)
 Drop the left hand & turn $\frac{1}{2}$ way around holding right hand (change places)
 Rejoin hands with a new "neighbor" -- now men face in, ladies out
 Balance forward & back again, Drop the right hand, & turn halfway around with the person whose left hand you are holding. This person will be your new partner.

Take Take Promenade position and repeat dance from the beginning.

-Nelda Drury
SBFDS '81