

MIEKE STOUT
(Flanders)

Record: Folkraft 337-005B Band 1

Formation: Cpl dance, double circle of cpls, partners facing, ballroom "closed" pos.

Measures Pattern

A1 I. Gallop Around

1 - 8 Four gallop steps CCW, cpls half turn to the R, four gallop steps CCW, cpls half a turn to the R.
Repeat.

A2

1 - 8 Continuation of this movement.

B1 II. Clap Pattern

1 - 2 Clap hands on the thighs, in own hands, in partner's R hand.

3 - 4 Repeat meas 1-2, but clap in partner's L hand.

5 - 6 Clap hands on the thighs, in own hands, in each other's R hands, in each other's L hands.

7 - 8 On the thighs, in own hands, in each other's both hands.

B2

1 - 8 Repeat Clap Pattern.

1 - 64 Repeat Fig I and II two more times (three times through).

A1 Final Figure, Polka Around

A2 Shoulder-waist pos, polka steps, turning CW with ptr progressing CCW in the circle. At the end; M lift up his W.

Presented by: Huig Hofman