MILITSA (Greece)

Also known as Kokinogly of Pontos.

Pronunciation:

Record: LP VAS 233 "Ta Horeftika Tou Sotiraki" 2/4 meter

Formation: Open circle, dancers hands joined in "V" pos.

Meas	Pattern
1-3	Travelling to R, one step per ct, step R,L,R,L,R, hop R, (L back point).
4-6	Step L fwd, R back, three times, swinging arms back and forth.
7–8	Step L,R,L, hold.
	Repeat.

Presented by Nikos Savvidis