

MÎNÎNTELUL

Translation: Refers to something small, fast, tight, such as in "small change," equivalent to the Slavic, "sitno," "često," and the Hungarian "aprózó."

Pronunciation:

Record: Hungaraton SLPX 18031-32, 18033. 4/4 meter.

Formation: Cpls in a "social" or "ballroom" pos, either free about the dance area or in close contra-type lines.

Meas Cts

Pattern

INTRODUCTION Same for M and W.  
(Warming up, getting up the courage...)

- 1 Step R to R.
- 2 Close L to R.
- 3 Step R to R.
- 4 Pause or lift L ft slightly.  
Reverse ftwk and direction of meas 1.  
The feeling is loose.  
The Introduction is done two or three times.

WOMEN'S BASIC STEP

(Done throughout the dance except during the cpl turn.)

- 1 Step L to L with accent.
- 2 Jump onto both ft, slightly apart with slight knee bend.
- 3 Close L to R (slight displacement).
- & Step R to R.
- 4 Close L to R.  
Reverse ftwk and direction of meas 1.

MEN'S VARIATIONS

- 1 Hop on L, raising R slightly fwd. (Variation: Slight twist to L.)
- 2 Stamp R slightly fwd (no wt).
- 3 Step R to R.
- & Close L to R.
- 4 Step R to R.  
Reverse ftwk and direction of meas 1.

FIGURE II

- 1
  - 1 Click/close R against L.
  - 2 Click/close L against R.
  - 3 Step R to R.
  - & Step/close L to R.
  - 4 Step R to R.
- 2 Reverse ftwk and direction of meas 1.

MÎNÎNTELUL (continued)FIGURE III

- 1     1     Step R in place, or slightly to R.  
       &     Click/close or stamp L next to R.  
       2     Step L in place or slightly to L.  
       &     Click/close or stamp R next to L.  
       3     Step R to R, with down accent.  
       &     Close L to R.  
       4     Step R to R with down accent.  
       &     Pause, click/close, or stamp L next to R.  
 2     Reverse ftwk and direction of meas 1.

FIGURE IV

- 1     1-4   Seven small accented push steps to R, clap hands when  
           stepping on R, slap L hand on L thigh on push. Pause.  
           (Accent last R step.)  
 2     Reverse ftwk and direction of meas 1.

COUPLE TURN

- Cpl turns CW with a buzz step:  
 1     Step plié fwd with R ft. (This movement is accentuated.)  
 2     M stamp L ft to L, with step on L to L (buzz step).  
       Direction may be reversed with or without reversing ftwk.  
       (Whatever feels right!)

Usually the dancers travel two meas in one direction  
 and then reverse direction.

Presented by Steve Kotansky