

MINUSHKA
(Netherlands)

Dance was composed by Femke van Doorn; music by Hans Peters.

Pronunciation:

Music: Nevafoon 15024. 4/4 meter. Side 2, band 1.
Two meas introduction.

Formation: Circle.

Action

A. Simple: One and a half slow "Mayim step" to the L, starting with R ft (in front, side, behind, side, in front, side) plus three stamps (R,L,R).
The same way back with reversed ftwk.

More difficult: One slow and one quick Mayim step, plus three stamps to the L and to the R.

B1. One child that has been appointed before as Minushka #1 comes into the circle and shows a "Russian" step. The others clap.

B2. All join in with the shown step.

As the introduction is repeated, Minushka goes back to place and the other children do: Step and swing to the R and step and swing to the L, leaving the R ft free to start again.

Note: The record has five repetitions so five Minushkas or Petrushkas can show a step.

Words of song:

Why are you so sad, Minushka,
On this pretty summer day?
The sun is so bright
And there are no clouds in sight!

(or: The flowers are blooming
And the sun is shining bright!)

Don't you hear the music playing?
Don't you hear the horses neighing?
You'll forget your grief and sorrow,
When you dance, Minushka!

Presented by Femke van Doorn