MISTA KOLO (CROATIA)

Pronounced "Mee-stah Koh-loh," meaning In Place.

Formation: Closed circle. Front basket hold, R arm over, L under.
Styling: In Figures I and III, movements are soft and restrained, in Figures II and IV, sharp and vigorous.
Record: Yugoslavia Dance and Song, EP M-GT 102, side B.
Meter: 2/4.

Meas	PATTERN
	Introduction, 16 meas.
	Figure I
1	Facing ctr with ft parallel and apart, come down softly on both ft, flexing knees (ct 1). Bounce twice, softly, on both heels, knees straight (cts 2, &).
2-8	Repeat meas 1.
9-16	Starting with R ft, do 4 step-lifts into ctr and 4 back, one per meas, with pronounced flexion (dip) on first ct of meas. Free ft lifts in front on second ct of meas except that R ft lifts behind on ct 2, meas 12.
	Figure II
1-16	Repeat Figure I, but with a sharp, vigorous movement. Meas 9-16 are step-hops without a dip on first ct of meas.
	Figure III
1	Facing and moving RLOD, step R flexing knee (ct 1); close L ft to R and bounce twice, softly, on both heels, knees straight (cts 2, &).
2	Repeat meas 1, reversing ftwk.
3-8	Repeat meas 1-2.
9-16	Repeat meas 9-16, Figure I.
	Figure IV
1-8	Repeat meas 1-8, Figure III, but with a sharp, vigorous movement.
9-16	Repeat meas 9-16, Figure II.
	Repeat Figures I-IV.

Presented by George Tomov.

Tejas Camp 76