

MORIOKA SANSA ODORI

This is a dance from Morioka City in Iwate Prefecture, Japan. It was taught by Sensei Ryoichi Oikawa at a special workshop for Kolo Koalition in Sacramento, California, in April, 2001. The dance imitates the movements of drummers.

Formation: solo dancers facing center, moving CW
Rhythm (approx.): 2/4

Intro: Start after shout 'Yah- se!'

- MEAS.1 Facing center, moving CW, step R ft across L, hands crossing R over L in front (ct1), step L ft to L, opening arms (ct 2)
- 2 Repeat meas. 1.
 - 3 Touch R ft to R, R arm to R at shoulder height, palm down, L hand in 'salute' position (ct 1), step R ft beside L, arms relax down (ct 2)
 - 4 Repeat meas. 3 with opposite foot- and hand-work
 - 5 Touch R ft in front of L, arms crossing as in meas. 1 (ct 1), touch R ft to R, arms opening (ct 2)
 - 6 Touch R ft in front of L, arms as above (ct 1), step R ft to R, arms relax down (ct 2)
 - 7 Touch L ft beside R, hands clapping forward from shoulder height (ct 1), step L ft to L, arms relax down (ct 2)
 - 8 Touch R ft beside L, raising arms palm down to L slightly higher than shoulders (ct 1), step R ft to R, drawing hands back beside ears (ct 2)
 - 9 Repeat meas 7.

Dance styling is very loose and large, with a lot of knee 'give' on ct 1 of each measure