

MOUSTAMBÉIKOS

Macedonia, Greece

Moustambéikos (moo-stahm-BEH-ee-kohs) was learned by Katina Savvidis from Nikos Savvidis in 1975. The dance takes its name from the Greek word for "must", the sugary juice from pressed grapes before fermenting.

RECORD: Folklore LARS-2027 "Greece Is...", side 1, band 6.

FORMATION: Lines of mixed M and W with hands joined and held at shoulder height in "W" pos, leader at R end.

STEPS AND Hop; Step.

STYLING: These notes are meant to be used only as a refresher cue sheet and are not intended to convey any styling.

Music 7/8

PATTERN

The music is played in a 7-count rhythm grouped 3-2-2, or slow-quick-quick. However, the last quick is slightly lengthened. The grouping will be noted here as S-q-Q. The dance is done in three meas and thus overlaps the phrasing.

Meas INTRODUCTION - none

1 Small hop L (ct "uh" of previous meas),
Step swd R (ct S), hop R swinging L across in front (ct q),
Step L (ct Q),

2 Small hop L (ct "uh"),
Step swd R (ct S), step L across in front of R leaving R
in place behind L (ct q), step bwd in place on R (ct Q),

3 Step L beside R (ct S), hop L bringing R ft next to L calf
(ct q), hop L with R ft next to L calf (ct Q).

Repeat entire dance from beginning.

Taught by: Katina Savvidis