

DIE MUEHLE - THE MILL

ONE OF THE MANY "MILL" DANCES. THIS ONE COMES FROM THE HEATHER COUNTRY (die Heide) OF NORTH GERMANY. We learned it from WILHELM WULF OF THE JUGENBLEITERSCHULE BUENDEISEN (Youth Leaders' School), when we visited there with the FOLK DANCERS OF GEORGE WILLIAMS COLLEGE IN 1964, performing with other groups visiting the country side, learning dances and enjoying a delightful ten day stay. WILHELM WULF has done much research in folklore of the people of the heather country.

ENGLISH DESCRIPTION BY GRETEL DUNSING.

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RECORD: T 72950 TLENZE DER VOELKER

FORMATION: Four couples in a square.

MEASURES:

FIRST TOUR

- 1-4 with repetition. Large circle CW with nine running steps and two straps, and CCW with the same step pattern.
- 9-16 W join left hands for A MILL FORMATION by putting hand on wrist of person ahead while M are on the outsd., joining with partner in open hip-shoulder position: small running steps forward moving LOD, on the last meas. reverse position by W moving to the outside (sideways in front of M, as he moves to the inside) and
- 9-16 with a left-hand mill of H (on inside) W on outside - couples in hip-shoulder position, keep on moving in LOD with running st. with repetition
- 17-24 GRIND RIGHT AND LEFT face partner, start with right hand, when partners meet in opposite place join left hands, make 1/2 turn, retrace your steps (move in opposite direction) to home position. This is done with running steps.

SECOND TOUR

- 1-8 with repetition join right hands with partner, move forward around in place with two M. ZURKLESTEPS (starting on outside feet) three running steps and a step-close, then join left hands and repeat same pattern, again starting on outside feet.

THIRD TOUR

- 1-8 with repetition. Join both hands fwd. with partner, use same step pattern as in second tour, start l. going CW, and r. going CCW.

FOURTH TOUR

- 1-8 with repetition. Couples in open position, cross-hand hold fwd., right above left, same step pattern as in second tour.

FIFTH TOUR

- 1-8 with repetition. Face partner, right arm around partner, hand on her (his) left hip, other arm extended to the side (do not bring hand overhead as in Israeli dances), same step-pattern as in second tour.; with repetition change hold and reverse direction.

SIXTH TOUR

- 1-8 with repetition. Take regular dance position, slightly open, joined hands facing LOD, move forward with step-combination of second tour, DO NOT REVERSE DIRECTION but keep on going until you are in home position.
- 9-24 with repetitions is done the same way in all tours.