

TIROLER VOLKSTAENZE FOLGE I Tyrolean Folk Dances I

RECORD: EP 58613 and on Taenze der Voelker T 71 653

Music and German descriptions in TIROLER VOLKSTAENZE, Dr. Karl Horak.

MUEHLRAD MILLWHEEL TRADITIONAL FORM

FORMATION: eight couples in open position, standing one behind the other

MEASURES 2/4 Walk in LOD, forming circle, inside hands joined

- 1-8 free hand of W on apron or skirt, M's free hand hangs or - if he wears suspenders, is tucked into the suspender. "KLAPPERN" that means M swing free foot forward in such a way that heel hits the floor, making a noise, before putting the foot down, hard, so that may also be heard, at end join both
- 1-8 (repetition) hands with partners, M back to center, W facing him, and close circle by stretching arms and joining up with neighboring couples. Move in CCW direction (LOD) with "Klappern"
- 9-16 Couples turn 1/2 CW, M is now on outside, facing center and keep moving CCW in LOD, release hand hold, W form a circle
- 9-16 (repetition) and M form a circle each MEN CIRCLE CCW, WOMEN CW MEN "KLAPPERN"; end opposite partner, face on the line of the circle
- 17-24 (with repetition) GRAND RIGHT AND LEFT WITH HAND TOUR RIGHT AND LEFT and WITHOUT "KLAPPERN" Join right
- 1-8 (with repetition) hands with partner, underarms are close together and at right angles to the upper arm (elbows about shoulder-high) Stay close together and turn once around, then left hands with next partner, and so on until you meet your original partner.
- 9-16 hook right elbows with partner and left elbows with other dancer, thus forming a "cozy", tight circle, M face in. CIRCLE CCW (4 meas.) The M form "MILL WHEEL" by putting their heels to center of circle, straight bodies are supported by the women, who carry them as the circle keeps moving CCW. Last two counts are used for the M to jump up and
- 9-16 (repetition) form a LEFT HAND STAR, right hand is joined with W's left, walk in LOD, as you keep up the "KLAPPERN".
- 17-24 Couple 1 releases hand hold first, others follow, as W form a right hand star staying close to the star or mill of M.
- 17-24 (repetition) COG-WHEEL Both mills or stars keep on turning so close together that elbows (M in front of his partner) work like cog-wheels, as FREE HANDS ARE PLACED ON HIPS. WITH "KLAPPERN".
- 1-8 M 1 joins hands with his partner, all follow suit and
- 1-8 (repetition) DOUBLE MILL MOVES CCW, M again with "Klappern", W turning CW with small steps and slow turns under joined hands.
- 9-16 Keep moving CCW, Women reach back and join right hands with the joined hands of the couple behind them. With the last four steps M release left hand hold in center, turning CW as a couple until W are in-side and can form a
- 9-16 (repetition) RIGHT HAND STAR which now moves CW Men keep up the "KLAPPERN"
- 17-24 Release Star formation, move a little away from center and keep promenading CW (with "Klappern") (4 meas.) W on inside; then W turn once under M's right hand, the M kneel down in front of their partners (4 meas.) still on outside of circle.
- 17-24 (repetition) M get up, take closed position (her hands on his shoulders, his around her shoulder blades) "Dreher" turn CW with pivot steps.
- 1-8 in promenade position promenade to seats, led by cpl. 1, with "Klappern"

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TIROLER VOLKSTAENZE FOLGE I continued
ABOUT THE MUEHLRAD ON PRECEDING PAGE Dr. Karl Horak has this to say:
" the dance comes from the "Unteren Schranne", the valley of the INN
between KUFSTEIN and the Bavarian border; it was probably brought
to Austria from Bavaria. Written down in 1942."

And now a simplified form of the old traditional dance, as it is done
today by German and Austrian recreational folk dance groups. In the
summer of 1956 we have done it at the Jugendleiterschule (Youth Leaders'
school) Buendheim, Bad Harzburg under the leadership of Dr. Horak.

NEUES MUEHLRAD (New Mill Wheel)

FORMATION: E I G H T (or four) couples in a circle

MEASURES

- 1-8 Couples, inner hands joined, facing LOD, M on inside, promenade
(16 steps) in circle. During the last four steps join both
hands with partner, MEN ON OUTSIDE, WOMEN ON INSIDE OF CIRCLE
stretch arms to the side and join with neighboring couples,
1-8 and C I R C L E CCW. Then release hands of partners, Women
rep. join hands and M join hands .
9-16 MOVE IN TWO CONCENTRIC CIRCLES, W CW, MCCW
If only four couples are dancing, pass partners the first time,
when eight couples are dancing return to facing partners
9-16 (repetition) Give right hands to partner for a GRAND RIGHT AND LEFT
In four-couple circle, pass partner once, in eight couple circle
meet partner first time, then
17-24 MEN'S LEFT HAND STAR OR MILL M join left hands in mill formation,
join right hands with W's left, she turns CW under lifted hands
NOTE: steps are s m a l l and turns slow, no pivots. On
last four steps W move backwd with a CW turn to the inside
and form a
17-24(repetition)WOMEN'S RIGHT HAND STAR OR MILL change to hip-shoulder
position - open - as the star moves CW. With last four steps
W relase right hand star. The couples make a CW turn, face
into LOD, M moves forward to the next W and the dance begins
again with the promenade , inner hands joined, moving in LOD .

THERE IS ENOUGH MUSIC ON THE RECORDING FOR T H R E E TIMES THROUGH THE
DANCE AND A PROMENADE TO SEATS (Meas. 1-8 with repetition)

STUDENTENPOLKA (student polka) also on record: T 71653

below description as danced at the Jugendleiterschule
Buendheim . THREESOMES, ONE M AND TWO WOMEN, FACING LOD

- 1-8 3/4 time Inner hands are joined, move forward in LOD with small
step-swings (dale-steps) all starting on left foot
9-16 M keeps moving forward as W turn (toward M, right W CCW,
left W CW) one turn with two Laendler steps)
1-8 2/4 time with four small running steps right W moves thru the
door formed by M and left W, then left W moves thru the door
formed by M and right W. R E P E A T ABOVE.
9-16 M hooks right elbow with right W, turns and then left elbow
hook with left W, four running steps each. "Lone" W turns by
herself, in the same direction as when turning with M
REPEAT ABOVE.

START THE DANCE FROM THE BEGINNING.

Dance form as descri-bed on record and in Dr. K. Horak's book.

- 1-16 3/4 time; step-swings , starting on l. foot, moving in LOD
1-16 2/4 time: hook right elbows with right dancer, then left elbows
with left dancer, as "lone" W turns in place, as described
in 9-16 but f o u r t i m e s .
above