

MŮŽKO HORO
Thrace, Bulgaria

Můžko Horo, Men's dance, is a Pravo Trakiisko - type dance similar to Cestoto, Horo Čapraz, Kermensko Horo, and Kuzůnluško Horo, just to mention a few. This version was performed by villagers from Selo Botevo, Jambol district in 1976.

PRONUNCIATION: MOOZ-koh hoh-roh

RECORD: Folkraft LP 26, "Čestoto or Prave Trakiisko;
Bankan Arts MK 6G, "Horo Čapraz or Gergebunarsko;
or any good fast Trakiisko

FORMATION: Open circle, "na lesa" (belt hold, L over R)

RHYTHM: 6/8 notated: $\frac{1-2-3}{1} \quad \frac{4-5-6}{2}$

METER: 6/8 PATTERN

Meas.

INTRODUCTION: 16 meas, beg with full orchestra

1. BASIC PRAVO:

- 1 Facing ctr and moving slightly diag R - step R-L fwd (cts 1-2).
- 2 Step R fwd, bending knees slightly and bringing L fwd (ct 1); small cukce (bounce) on R (ct 2).
- 3 Step L fwd (ct 1); hold on L, bring R twd L ft (ct 2); moving back diag R - step R bkwd (ct &).
- 4 Hold (ct 1); step L bkwd (ct 2).
- 5 Step R bkwd (ct 1); lift L slightly fwd (ct 2).
- 6 Step L bkwd (ct 1); lift R slightly fwd (ct 2)
- 7-18 Repeat meas 1-6. (Do a total of 3 times)

2. UDARI (Hit):

- 1 Heavy accented step R fwd (ct 1); close L to R (ct 2); stamp R fwd (ct &).
- 2 Heavy accented step R fwd (ct 1); small čukče on R as L move fwd (ct 2).
- 3-6 Repeat meas 3-6 of "Basic Pravo". (L fwd, R bk; hold, L bk; R bk, lift L; L bk, lift R)
- 7-18 Repeat meas 1-6. (Do a total of 3 times)

3. DVA PŮTI (double hit):

- 1-12 Repeat #2, "udari (hit)", except stamp R fwd on ct "&" before ct 1 of meas 1 and 2. (Do a total of 2 times)

1 STEP - Dai na miasto or tropoli (Do it in place or tapping):
Step R in place (ct 1); tap ball of L ft beside R (ct &);
čukce on R (ct 2); tap L heel beside R (ct &).

2 Repeat meas 1 with opp ftwk.

1-4 4. IZHVŮRLI (Kick or throw)
"Tropoli" - R,L,R,L (step, tap ball, čukče, tap heel).

5 Step R fwd (ct 1); scoop L fwd low then up (beg bkwd
bicycle) (ct 2).

6 Čukče on R as L continues up, around and back - complete
bkwd bicycle (ct 1); step L back (ct 2).

7-12 Repeat meas 1-6. (Do a total of 2 times)

1-4 5. IZHVŮRLI DVA PŮTE (2 kick OR throw)
"Tropoli" - R,L,R,L (step, tap ball, čukče, tap heel).

5-8 Repeat meas 5-6 of "IzhvŮrli", twice (2 bkwd bicycle).

9-16 Repeat meas 1-8. (Do a total of 2 times)

1-3 6. ČUKNI DVA (Stamp twice)
"Tropoli" - R,L,R (step, tap ball, čukče, tap heel)

4 Leap L to L, face slightly L (ct 1); stamp R beside L (ct
2).

5 "Tropoli" R (step R, tap L ball, čukče R, tap L heel)

6 Leap L to L (ct 1); stamp R beside L (ct 2).

7-8 "IzhvŮrli": Repeat meas 5-6 (R fwd, bicycle L; L bk)
(Step is only done 1 time.)

1-3 7. ČUKNI TRI (Stamp 3 times)
"Tropoli" - R,L,R (step in pl, tap ball, čukče, tap heel)

4 Leap L to L (ct 1); stamp R beside L (ct 2).

5 Leap R to R (ct 1); stamp L beside R (ct 2).

6-8 "Čukni Dva": Repeat meas 6-8 (L to L, stamp R; R fwd,
bicycle L, L bk)

(Step is only done 1 time.)

1-4 8. HVURLI NAZAD (Throw behind)
Tropoli - R,L,R,L (step in pl, tap ball, čukče, tap heel).
NOTE: Actually there are only 3 and 3/4 steps, last tap is
extremely have to do.

- 5 Leap R to R as L kicks diag R bkwd (knee bent & next to R knee) (ct 1); jump onto both feet (shldr width apart & knees slightly bent) (ct 2).
- 6 Close both ft tog (ct 1); fall on L in place as R lifts bkwd (ct 2).
- 7-8 "Izhvŕli", repeat meas 5-6 (R fwd, bicycle L, L bk)
- 9-16 Repeat meas 1-6. (Done a total 2 times)
- 1-4 TROPOLI - R,L,R,L.

9. ZAREDI

- 1 Moving twd ctr - scuff R heel fwd (ct &); step fwd on R (ct 1); scuff L heel fwd (ct &); step fwd on L (ct 2); scuff R heel fwd (ct &).
- 2 Step fwd on R (ct 1); step L behind and slightly R of R (ct &); step R fwd (ct 2).
- 3 Step L fwd (ct 1); stamp R slightly to R side, no wt (ct &); stamp R beside L, bend knees slightly (ct 2).
- 4 Step R-L bkwd (ct 1-2).
- 5 Step R bkwd (ct 1); lift on R, move L slowly back (ct 2).
- 6 Step L bkwd (ct 1); lift on L (ct 2).
- 7-12 Repeat meas 1-6. (Do a total of 2 times)

10. BURKAJ

- 1-3 Repeat meas 1-3 of "Zaredi". (scuff R fwd, step R, scuff L, step L, scuff R; step R, L behind, R fwd, step R; stamp R sltly R, stamp R in pl)
- 4 With wt on L, lift R slightly and place full R ft to R with R toe tainted diag R - upper body faces slightly twd R (ct 1); close R to L with R toe straight fwd (no wt), with accent and knees bent (ct 2).
- 5-7 "Izhvŕli", repeat meas 5-6. (R fwd, bicycle L, tap heel)
- 8-9 "Basic pravo", meas 5-6. (R bk, lift L, L bk, lift R)
- 10-18 Repeat meas 1-9. (Do a total of 2 times)

11. SKOKNIJ

- 1-3 Repeat meas 1-3 of "Zaredi". (scuff R fwd, step R, scuff L, step L, scuff R; step R, L behind, R fwd, step R; stamp R sltly R, stamp R in pl)
- 4 Tropoli R (step R in pl, tap L ball, ĉukĉe, tap L heel)

- 5 Step L fwd as R lifts bkwd (ct 1); jump fwd onto both ft about shldr width apart with accent, knees slightly bent (ct 2).
- 6 Leap back sharply on R as L ft lifts in front of R knee (ct 1); leap back onto L (optional - bringing R ft in front of L knee (ct 2).
- 7-8 "Zaredi", repeat meas 5-6 (R bk, lift on R; L bk, lift on L).
- 9-16 Repeat meas 1-9. (Do a total of 2 times)
12. V DJASNO - VLJAVO (to the R, to the L)
- 1-2 "Tropoli" - R,L
- 3 Fall R on R (ct 1); step on ball of L ft very slightly fwd, but not in front of R (ct &); repeat cts 1,& (cts 2,&).
- 4-5 Repeat meas 3 (3 times in all).
- 6 Step R to R (ct 1); tap L heel beside R twice (cts &,2).
- 7-10 Repeat meas 7-10 (fall R, L ball - 3x; R, tap L heel 2x)
- 11 Moving fwd twd ctr - step R fwd (ct 1); tap L beside R, knees diag R (ct &); step L fwd (ct 2) tap R beside L, knees diag L (ct &).
- 12 Repeat meas 10 (R to R, tap L heel 2x).
- 13-14 Still moving fwd - repeat meas 15-16 with opp ftwk. (L fwd, tap L, R fwd, tap L).
- 15 Chug bkwd on ball of both ft, knees straight (ct 1); jump fwd on both ft with accent (knees straighten) (ct 2).
- 16 Step R-L bkwd (ct 1-2).
- 17 Step R bkwd (ct 1); lift on R as L lifts bkwd (ct 2).
- 18 Step L bkwd (ct 1); lift on L as R lifts fwd (ct 2).

REPEAT: #1, Basic Pravo, 3 times; #2, Udari, 3 times; #3, Dva Püti, 2 times, end dance.

This dance can be according to the will of the leader. The group from Botevo used the Prave and Udari steps to get positioned and then proceeded to dance each step through twice.

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