

Presented by Jaap Leegwater

NA ^UPURT *or NA PÂRT*
Bulgaria

This dance was notated in the village of Bjala Reka in the area of Veliko Tŭrnovo in northern Bulgaria (Severniasŭko). It is performed by the older women of the village. It is also sometimes called "Kutsata" (the cripple). This refers to the swinging movement in Part II.

TRANSLATION: Dialect for "on a staff" or freely translated: "in a row."

MUSIC: Cassette: Bulgarian Folk Dances, Jaap Leegwater, JLL1984.02.

FORMATION: Short lines joined in "V" pos.

RHTYHM: 7/8 meter, counted here as: $\frac{1-2}{1}$ $\frac{1-2}{2}$ $\frac{1-2-3}{3}$ (Q,Q,S)

METER: 7/8 PATTERN

Meas.

INTRODUCTION: 8 meas

PART I:

- 1 Facing ctr and moving bkwd, hop on L (ct 1); step R,L bkwd (cts 2-3).
- 2 Repeat meas 1.
- 3 Hop L in place, touching R toe sdwd R (cts 1-2); hop on L as R swings across L leg (ct 3).
- 4 Step R sdwd R (ct 1); step L behind R (ct 2); step R sdwd R (ct 3).
- 5-6 Repeat meas 3-4 with opp ftwk and direction.
- 7-8 Do 2 Răčenica steps twd ctr (RLR, LRL) *SLIGHTLY ARCING TO R*

PART II: *leaning fwd*

- 1 Small hop on L as R leg extends sdwd R (ct 1); step R sdwd R (ct 2); step L next to R (ct 3).
- 2 Repeat meas 1.
- 3 Small hop on L as R extends sdwd R (ct 1); step R sdwd R (ct 2); swing L fwd and close to floor (ct 3).
- 4 With wt on R, swing L bkwd (ct 1-2); swing L fwd close to floor (ct 3).
- 5-8 Repeat meas 1-4 with opp ftwk and direction.

Cont

DANCE SEQUENCE

Introduction: 8 meas

Part I 4x 32 meas
Part II 4x 32 meas
Part I 3x 24 meas

FINISH: the dance by changing the last Râçenica step into:
leap L in place (cts 1-2); stamp R next to L (ct 3).

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