NOVOZAGORSKO HORO (Bulgarian)

A one figure "military" dance from Novo Zagora in Central Bulgaria. It is danced "na lesa", the Bulgarian term for a dance where dancers grasp one another's belts and execute their steps in a straight line.

SOURCE:

Described by Boris Tsonev in Bulgarian Horos and Racenici, Science and Art Edition, Sofia. First presented by Jim Schlesinger at the San Francisco Kolo Festival.

MUSIC:

Record: Danssa OOl, "Bulgarian Folklore Songs and Horos", Side 1, Band 3, "Novozagorsko Horo". Also - Slavjani Folklore Society Records, SLA 1000, "Folklore Dances of Bulgaria", Side 1, Band 5, "Mushko Na Lesa".

RHYTHM:

4/4 dd (1234 [one]) dd (1234 [and])

FORMATION:

Men and women in a mixed line grasping each other's belt at the side. Right arm is in back of the adjacent dancer's left arm. Elbows relaxed.

MUSIC: 4/4

PATTERN

Meas.

- 1 Step fwd with L ft (1).
- 2 Step fwd with R ft (1).
- Jump (in place) onto both ft, ft apart (1)
 Jump (in place) onto both ft, ft together (3).
- 4 Step bwd with the R ft (1).
- Step bwd with the L ft (1).
- 6 Repeat meas 3.
- 7 Leap slightly R onto the R ft (1). Without "pointing" ft, touch toe of L ft to ground in front of R ft (3).
- 8 Repeat meas 7 using opp ftwrk and moving slightly to L.
- Leap to R onto R ft swinging L leg up into high fwd flexion (1). Leap to L onto L ft swinging R leg up into high fwd flexion (3).
- Leap to R onto R ft swinging L leg up into high fwd flexion (1). Leap to L onto L ft raising R ft to the side and slightly back (3).

NOVOZAGORSKO HORO - Cont'd

Meas.

- Close R ft to the side of the L (1).
 Change wt and raise L ft to the side and slightly back (4)
 preparing to close.
- 12 Repeat meas 11 using opp ftwrk.
- 13 Repeat meas 11.
- Close L ft to the side of the R (1).
 Change wt and raise R leg in low fwd flexion (4).
- Stamp R ft beside and slightly fwd of L ft (1). Take a small step bwd onto R ft turning body and ft to the R (3) and lifting L leg slightly.
- Step on L ft in place (1). Turn body fwd and bring R ft to the side of the L by describing a small arc along the ground (3, 4).
- Stamp R ft next to L (1), taking wt. Stamp L ft next to R (3), taking wt.
- 18 Stamp R ft next to L (1), taking wt. Hold (3, 4).
- Step swd with the L ft (1). Step on R ft across and behind L ft (3).
- 20 Repeat meas 19.
- 21 Step swd with the L ft (1). Swing R leg into high fwd flexion (3).
- 22-23 Repeat meas 19-20 using opp ftwrk and moving to the R.
 - Step swd with the R ft (1). Hold with wt on R ft, "flair-ing" L ft slightly to the side and back preparing to start dance over (3, 4).