

BACK FROM ISRAEL 76 - Hadarim VIII
Israeli - Side A, band 4

MUSIC: J. Engel
DANCE: Shlomo Bachar

NUMI NUMI
(Israeli Lullaby)

Formation: Circle, facing center.

PART ONE

- 1 Facing center, step on right foot to the right side while extending arms sideways.
- 2 Hold.
- 3 Cross left foot in front of right while snapping fingers in front of chest.
- 4 Hold.
- ARMS DOWN.
- 5 - 6 Step backwards on right and left.
- 7 Cross with right in front of left.
- 8 Hold.
- 9 - 16 Repeat 1-8.

PART TWO

HOLDING HANDS, FACING CCW.

- 1 - 2 Camel step: Step forward on right foot, while bending knees, and hold.
- 3 - 4 Step back on left foot, while bending knees, and hold.
- 5 - 6 Walk forward with right, left.
- 7 Close with right foot next to left, while pivoting on both balls of the feet to make $\frac{1}{2}$ a turn to left side to face CW.
- 8 Hold.
- 9 - 15 Repeat 1-7 to left side with opposite footwork completing count 15 with the pivot to the right side in only $\frac{1}{2}$ turn to face the center.
- 16 Hold.

PART THREE

HOLDING HANDS, FACING CENTER.

- 1 - 4 Walk forward into the center on right, hold, left, hold.
- 5 Step forward on right, while bending knee and while leaning backwards raising arms up in prayer motion (palms away from body).
- 6 - 8 Walk back 3 steps on left, right, left.
- 9 - 12 Yemenite step to right and hold.
- 13 - 16 Yemenite left and hold.
- 17 - 32 Repeat 1-16.