

LE P'TIT TRAIN
(French-Canada)

This is the 5th part of the Saratoga from Île d'Orléans, Québec.
Normand Legault is the source.

Pronunciation:

Record:

Formation: 4 cpls in a square, cpl #1 having its back to the music; other cpls numbered CCW from #1, i.e., cpl 2 is to the R of cpl 1; cpl 3 is opp cpl 1, cpl 4 is to the L of cpl 1. W on R of ptr, inside hands joined at shldr level, outside hands hang freely.

Déroulement: The Fig is repeated 4 times with active cples 1,2,3 and 4 taking the lead at the head of the "p'tit train" formation. The part ends with a repeat of the opening "demi-chaîne du cotillon" followed by a "galop" or chassé.

Basic steps: Walking with a slight lilting or "up-and-down" quality on the ball of the ft, i.e., "up" on &, "down" on the beat. Used throughout the dance unless otherwise stated.

When inactive, do a side step-touch starting R on every ct 1 of the music and maintaining the "up-and-down" motion of the other dancers.

Two-steps or step-together-steps are used in the "demi-chaîne du cotillon" and in the "traverse des couples."

The swing is done either in open or closed social dance pos with parallel shldrs and should be as level, smooth and relaxed as possible.

Le P'tit Train

I. DEMI-CHAÎNE DU COTILLON

4 cpls do a grand chain halfway around and swing their ptrs 8 cts ending facing opp direction; 4 cpls do a grand chain back home beg with their own ptrs.

II. TRAVERSE DES COUPLES

In social dance pos, active cpls change places with opp cpl, M passing L shldrs, and same cpls return home the same way, active ptrs with their backs to the ctr.

III. LE P'TIT TRAIN

All cpls line up in a column behind active cpl, i.e., 1,4,2,3 and walk 6 steps bkwd; all cpls walk fwd 2 steps and, turn to face each other before separating; W circulate to the R of the column, M to the L, forming 2 half circles (W circulating on the inside, M on the

LE P'TIT TRAIN (Continued)

outside) then face each other in 2 lines; holding inside hands at shldr level, 2 lines do a "présentez" with a R,L,R and touch the ball of the L ft next to the R instep and back with opp ftwk.

IV. SWING

All join their ptrs for the swing (those already home remain in place).

Presented by Camille Brochu