

Record: Kismet 109; Folk Dancer 1062

PADESPAN (SWEDEN)

Couple dance. Face partner, hold inside hands.

1. STEP-HOP FORWARD ON OUTSIDE FT. TURNING BACK-TO-BACK, SLIDE FORWARD ONCE, SLIDE BACKWARD TWICE: STEP-HOP ON INSIDE FT. TURNING FACE-TO-FACE, SLIDE FORWARD ONCE, SLIDE BACKWARD TWICE. Outside feet in this dance are man's L, lady's R. Inside feet are man's R, lady's L. REPEAT Fig. 1.
2. 2 SLIDES TO MAN'S LEFT (HOLDING PARTNER'S BOTH HANDS) & LADY TWIRLS UNDER HER RT. ARM AS MAN DOES 1 MORE SLIDE & A STAMP; 2 SLIDES TO MAN'S RT. & MAN TURNS UNDER HIS RT. ARM AS LADY DOES 1 MORE SLIDE & A STAMP. Man: L-R, L-R, L-R, Stamp on R; R-L, R-L, & turn rt. under R arm. Lady: R-L, R-L, turn rt. under R arm; L-R, L-R, L-R, stamp on R. REPEAT Fig. 2.
3. BOX STEP. Leap 3 steps to own rt., (R-L-R), 3 to own left, (L-R-L), 3 steps changing places with partner passing back to back (R-L-R) & 3 steps to own left turning $\frac{1}{4}$ to face partner (L-R-L). Do box step again to return to place. REPEAT Fig. 3.
4. JOIN INSIDE HANDS, TURN AWAY FROM PARTNER IN 2 STEP-HOPS (MAN L-R, LADY R-L), JOIN OTHER HANDS & SLIDE TWICE ADVANCING COUNTERCLOCKWISE; TURN AWAY FROM PARTNER IN 2 STEP-HOPS, JOIN INSIDE HANDS & SLIDE TWICE ADVANCING CLOCKWISE. REPEAT Fig. 4.