

PAJDUŠKA

JAMBOLSKO PAJDUŠKO HORO

PAIDUSHKO HORO

The hopping dances, or Paidushko Horos have a rhythm of 5/8, thus: quick, slow, 1-2, 1-2-3.

A balancing of the arms corresponds to the movement of the feet. It is danced going in one direction, and then coming back; or else going in one direction, then dancing on one spot before continuing in the same direction. The Paidushko Horos are danced in circles or in a serpentine fashion that unfolds in spiral or "S" formation. Here is the description of a Horo of the city of Yambol, in the Thracian region.

YAMBOLSKO PAIDUSHKO HORO

Yambolsko Paidushko Horo (complete routine)
done to a 5/16 rhythm: (1, 2: 1, 2, 3, or quick-slow)
measure 1

- 1 step Left foot to right in front of Right foot
- 2 step to right with Right foot

measure 2

- 1 step Left foot to right in front of Right foot
- 2 step to right with Right foot

measure 3

- 1 step Left foot to right in front of Right foot
- 2 step to right with Right foot

measure 4

- 1 hop on Right foot on spot and kick Left foot forward
- 2 step on Left foot beside Right foot

measure 5

- 1 step on Right foot by bringing it down in sliding fashion, /kick Left foot out
- 2 step on Left foot by bringing it down in sliding fashion, /kick Right foot out

measure 6

- 1 hop on Left foot in place
- step on Right toe behind Left heel

measure 7

- 1 hop on Right foot in place
- 2 step on Left toe behind Right heel

measure 8

- 1 hop on Left foot in place
- 2 step on Right toe behind Left heel.

note: Measures 4 and 5 look like a scissor,
measure 6, 7 and 8 are Reel-style steps.