

PAJDUSKA

Bulgaria

45/11

RECORD - Manchoff (Delmar) No. 7 or KOPO X-309-A (Same music)

FORMATION - Hands joined in open circle.

MUSIC - The rhythm of this dance is 5/8, and is most easily broken down for descriptive purposes into a "quick-slow" pattern.

<u>Meas</u>	<u>Counts</u>	<u>Pattern</u>
1	Quick Slow	Crossing R foot over L, step on it, and move Left. Step on L to left side.
2-3		Repeat Meas. 1, two more times.
4	Quick Slow	Hop on L foot in place. Step on R foot slightly backwards of L, and raise L foot off ground.
5	Quick Slow	Hop on R foot in place Step on L foot in place, raising R foot off ground.
6	Quick Slow	Step forward on R foot, just in front of L foot. Return weight to L foot & turn body to face full R.
7	Quick Slow	Hop on L foot, moving forward in Line of Direction. Step on R foot, raising L foot slightly.
8	Quick Slow	Hop on R foot, moving forward in LOD. Step on L foot, raising R foot slightly
9		Same as Measure 7.
10		Same as Measure 8.

not taught

UNIVERSITY OF OREGON
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DENNIS BOXELL