

I. Music A: Partners face each other.

- 1 (a) Brush R foot forward and step on it immediately forward (ct 1), step L foot backward (ct 2), step R foot sideward right (ct 3). Girl holds skirt, swaying it in time with the music, Boy's hands on waist.
- 2 (b) Point L foot in front (cts 1, 2, 3), hands as in (a).
- 3-4 (c) Repeat (a) and (b), starting with L foot.
- 5-6 (d) Starting with R foot, take two close steps forward to partner's place, passing by R shoulders. Hands as in (a).
- 7-8 (e) Three-step turn right about, hands as in (a). Finish facing partner.
- 9-16 (f) Repeat all (a-e), finishing in proper places.

II. Music B: Partners face each other.

- 17 (a) Step R foot forward (ct 1), step L foot close to R foot (ct 2), step R foot backward (ct 3), hands as in figure 1(a).
- 18 (b) Point L foot in front (cts 1, 2, 3). Arms in 4th position, R arm high.
- 19-20 (c) Repeat (a) and (b) starting with L foot. Reverse the position of hands in (b).
- 21-22 (d) Two waltz steps forward (R, L) to partner's place, passing by R shoulders. Arms in lateral position moving sideward right and left.
- 23-24 (e) Waltz turn right about, arms in forward-bend position with a forearm turn R and L. Finish facing each other.
- 25-32 (f) Repeat all (a-e). Finish in proper places.

III. Music A: Partners face away from each other.

- 1-4 (a) Repeat figure I(a-c).
- 5-6 (b) Take two close steps backward (R, L) going to partner's place, passing by R shoulders. Girl holds skirt, swaying it in time with the music, Boy's hands on waist.
- 7-8 (c) Three-step turn right about hands as in (b), finish facing away from each other.
- 9-16 (d) Repeat (a-c), finish facing audience.

IV. Music B: Partners face the audience.

- 17-20 (a) Repeat figure II(a-c), moving little by little forward. Partners face each other.
- 21-24 (b) Repeat figure II(d) and (e). Finish in partner's place.
- 25-32 (c) Repeat all (a-b), finishing in proper places. Execute the last turn slowly, bow to partner or audience.

PALAY DANCE

Palay literally means either the plant or the grain from which rice is obtained. Husked rice is the staple food of the Oriental people. This dance has an interest-

ing story. The first figure depicts the graceful swaying of the palay plants in the breeze. Other lovely figures portray the cutting, harvesting, and threshing of palay. It can be danced on any occasion but is most appropriate as an after-harvest celebration.

This dance was arranged for the Agricultural Pageant which the University of the Philippines presented in 1929 at the Philippine Carnival Auditorium.

Costume: Dancers were dressed in peasant work costumes. They are barefoot and carry stalks of palay in both hands.

Formation: Partners stand opposite each other about eight feet apart, W at their partners' right when facing the audience.

Record: Mico MX 567 B. Music has three parts: A, B, and C.

Meter 3/4 Pattern

Meas

I. Music A: Dancers face the audience.

- 1-16 Execute sixteen waltz steps sideward R and L. Hold arms in fifth position, swaying sideward R and L.

II. Music B: Partners face each other.

- 17-18 (a) Take two close steps sideward right (cts 1-6). Hands in fifth position swaying sideward right (cts 1-2), sway to sideward left (ct 3). Sway arms sideward right (cts 1, 2, 3).
- 19-20 (b) Take two close steps sideward left. Arm movements as in above, starting from sideward left.
- 21-24 (c) Four waltz steps forward R and backward L. Arms swinging forward-upward (cts 1, 2, 3) and downward-backward (cts 1, 2, 3).
- 25-32 (d) Repeat all (a, b, and c).

III. Music A

- 1-16 Eight sway-balance steps with a point, R and L. R arm in fifth position and L hand on waist when going to the right, reversing the hand positions when going to the left.

IV. Music C: Partners face the audience.

- 17-20 (a) "Sarok" (1 M.) and pivot turn with point to the right (3 M.). Cross the hands down in front in "sarok" and have the R arm up and L hand on waist in the pivot turn with point. Turn the wrist of the R hand at every measure.
- 21-22 (b) Repeat (a) to the left. Reverse the hand positions.
- 23-32 (c) Repeat (a and b).

V. Music A (slower): Partners face the audience.

- 1 (a) Starting with the inside foot, take three steps sideward to partner's place (cts 1, 2, 3).

W pass in f parallel sid 1, 2, 3).

2 (b) Point si to opposite ward right)

3-4 (c) W mov countercl (cts 1-6). 1 six counts.

5-6 (d) Repeat pass in fron direction.

7-8 (e) Repeat arms.

9-16 (f) Repeat

VI. Music

17-20 (a) M take starting wi tion movin (big) waltz foot. They above. Fini other.

21 (b) M han times (cts : stalks over

22-24 (c) Repeat positions e

25-26 (d) W turr ing steps s 1-5). Point

27-28 (e) Repeat front.

29 (f) Three 1, 2), paus

30 (g) Repeat

31-32 (h) Take 1 places, sta

4). Hands their prop bow to ea (cts 5-6).

(i) Repeat M move f the arm p about in (d

VII. Musi

join inside 1-8 (a) Take e L alternat

9-16 (b) Turn i

17-18 Saludo: Tl either to p

continued...

W pass in front of their partners. W sway arms parallel sideward right, M sideward left (cts 1, 2, 3).

- 2 (b) Point sideward with inside foot. Sway arms to opposite side (W sideward left and M sideward right) (cts 1, 2, 3).
- 3-4 (c) W move the arms in a double-arm-circle counterclockwise, M move the arms clockwise (cts 1-6). The inside foot remains pointing for six counts.
- 5-6 (d) Repeat (a and b) going back to places. W pass in front of their partners. Arms in opposite direction.
- 7-8 (e) Repeat (c), reversing the directions of the arms.
- 9-16 (f) Repeat all (a, b, c, d, and e).

VI. Music D: Partners face each other.

- 17-20 (a) M take four (small) waltz steps backward, starting with the R foot. Arms in lateral position moving sideward R and L. W take four (big) waltz steps forward, starting with the R foot. They follow their partners, arms as in above. Finish with partners standing near each other.
 - 21 (b) M hands down shaking "palay" stalks three times (cts 1, 2), pause (ct 3). W shake "palay" stalks overhead in the same manner.
 - 22-24 (c) Repeat (b) three times more, reversing hand positions every measure.
 - 25-26 (d) W turn right about. Partners execute mincing steps sideward right, R foot in front (cts 1-5). Point L in front (ct 6). Hands on waists.
 - 27-28 (e) Repeat (d) going sideward left, L foot in front.
 - 29 (f) Three quick stamps in place (R, L, R) (cts 1, 2), pause (ct 3). Hands on waist.
 - 30 (g) Repeat (f) (L, R, L).
 - 31-32 (h) Take four steps forward going to proper places, starting with the R foot (cts 1, 2, 3, 4). Hands on waists. The W, upon reaching their proper places, turn right about. Partners bow to each other. Arms in second position (cts 5-6).
 - (i) Repeat all (a, b, c, d, e, f, g, h). This time M move forward and W backward. Reverse the arm positions in (b) and (c). M face right about in (d). M turn right about in (h) in place.
- VII. Music A: Partners face the audience and join inside hands.
- 1-8 (a) Take eight step-swing steps forward, R and L alternately. Place free hands on waists.
 - 9-16 (b) Turn inward to face about and repeat (a).
 - 17-18 Saludo: Three step turn right in place and bow either to partner or to audience.

PANDANGO SA ILAW

Pandango Sa Ilaw (Dance with Oil Lamps), a version from Mindoro, is the most difficult of all the pandangos. It is quite unusual and colorful. The female dancer gracefully and skillfully balances three lighted *tinghoy* or oil lamps—one on her head and one on the back of each hand.

A few boys and girls may take part as townsfolk or onlookers. They clap their hands in time to the music, adding life and gaiety to the dance.

Costume: The girl is dressed in *balintawak*, the boy in long red trousers and *barong tagalog*.

Record: Mico MX 420 B. The music is divided into three parts: A, B, C.

Formation: Partners stand about six feet apart facing the audience. The three lighted oil lamps are placed on the floor between them. The girl stands at partner's right. The oil lamps are of two sizes, the one to be placed on the head (no. 2) being larger than the two for the hands.

Meter 3/4 Pattern

Meas

Music Introduction

- 1 (a) Standing on the L foot, tap R in front (cts 1, 2), tap once more (ct 3). Place left hand on waist, R hand hanging loosely at the side.
 - 2 (b) Repeat (a).
 - 3-5 (c) Three-step turn right in place and bow to the audience. Place both hands on waist.
- I. Music A: Partners face right.
- 1-4 (a) Take two waltz steps forward (R, L—2 M.), one waltz turn right (2 M.). Arms in lateral position moving sideward R and L with forearm turns.
 - 5-16 (b) Repeat (a) three times more, moving clockwise around the oil lamps.
 - 17-32 (c) Turn right about and repeat all (a and b) moving counterclockwise. The W finishes with the lamps in front of her.

II. Music B: W Part

- 1-24 (a) Cross R foot in front of L and bend knee slightly (this position is held for 32 measures), arms bent forward at shoulder level. Move right (1 M.) and left elbows (1 M.) upward twice on cts 1, 2 of each measure. The wrists are relaxed so that the hands dangle at every movement.
 - 25-32 (b) Place a lamp on the back of the right hand.
- M Part:
- 24 (a) Repeat the movement of fig I, going clockwise around the W. Take the same arm movement of the W in figure II(a).