

KALOCSAI MARS
(Marching dance)

side:A
band :8

formation: in circle or lines (shorter or longer)
pos: men and girls separate, or in couples, hold
hands, arms bent and up

Step 1. CIFRA □|□|□|

w/R ft jump to R |+ w/L ft step next to R ft |+
step on R ft in place, raising L ft to R ankle, knee
bent |+ repeat to L □|

Step 2. KALOCSAI UGRÓ (Jumping step) □|□|□|

jump in place so that full wt is on L ft and R ft is
placed in front of L ft, w/bent knee |+ jump on L ft
again, this time raise R leg even further, bending
knee more (arms are up and bent for above
measures) |+ jump on R ft, kicking L ft fwd, knee
bent (pull arms downward) |+ repeat to L, w/ L
ft in front □|

*(two people hold a gate
and others go under it
w/cifra step, changing
formations, then back
to original)*

MOTIFS

I. <u>CIFRA</u>	I/A*
9x S1	8x S1
II. <u>UGRÓ</u>	II/A(to R) II/B (to L)
9x S2	4xS2 5xS2

SEQUENCE OF DANCE Meas. 2/4

A1.

1-18 MOTIF I. (Cifra) Move to formations

A2

1-18 MOTIF II. (Ugró) in place

A3

1-8 MOTIF II/A to R

9-18 MOTIF II/B to L

A4

1-18 Repeat above

A5 Motifs(I, II,

II/A, II/B)

A6

1-18

B1

1-16 MOTIF I/A

B2

1-8 MOTIF II/A (to R)

9-16 MOTIF II/B (to L)

B3

1-18 Repeat B1 (gate)

B4

1-18 Repeat B2 (Ugrós
to R and L)

LP-40

KÁRMÁN & JUDITH
MÁSTÉRE

PALOC KARIKÁZÓ
(Women's Circle Dance)

side:B
band :1

Formation: Women in circle, in front basket pos. (R
arm over, L under)

Step 1. 2 LÉPÉSES (Two step) □|□|□|□|

a.) w/L ft, parallel ft, step to L, turning hips slightly to R |+ w/R ft, parallel ft, step next to L ft, turning hip back to L |+ w/L ft small step to L as before, turn hip to R again |+ w/R ft, toes turned out, step next to L ft, without putting full wt on it!
Repeat to R |+ |

b.) w/R ft step to R as before |+ w/L ft step next to R ft |+ w/R ft, toes turned out, step to R, turning to L w/hips |+ w/L ft step next to R ft, without putting wt on it, slipping to R on R ft |

c.) Repeat to L |+ |

Step 2. CSÁRDÁS

|||||/|||||Z

a.) w/L ft step to L (w/knee bend-and-flex) |+ w/another bend-and-flex close R ft to L ft |+ repeat two more times to L |+ w/L ft step diagonally back to L |+ in this pos. bend-and-flex knees Z

b.) same as S2a, to R |||||/|||||Z

Step 3. BUKÓS (Dunking step) |||||Z

a.) w/R ft step fwd to R (face R) |+ w/L ft step to R in front of R |+ w/R ft step into straddle pos. and bend knees |Z

b.) same as S3a, to L |||||Z

Step 4. SERGÓ (Moving step) |Z|1|1|1|1|1|1|

a.) w/R ft step to L in front of L ft |+ w/L ft step to L, on ball of ft |+ w/R ft step to L in front of L ft |+ repeat second and third meas. 4 more times |||||/|||||

b.) w/R ft step to R on ball of ft |+ w/L ft step in front of R ft to R |

MOTIFS

I. <u>2 LÉPÉSES</u>	I/A
6x S1a	2xS1a
II. <u>CSÁRDÁS</u>	II/A.
2x(S1b+c)+S1b	2x(S1c+b)
III. <u>HALADÓ</u>	III/A.
2x(S2a+S3a)	S2b+S3b
IV. <u>BUKÓ</u>	IV/A.
S3b+a+b	3x(S3a+b)
V. <u>SERGÓ</u>	IV/B/
S4a+S3b	2x(S3b+a)
	IV/C

SEQUENCE OF DANCE

A1. Érik már a búza..(4/4)

1-12 MOTIF I.

(2 Lépéses)

C1 Árpakása....

1-4 MOTIF I/A

refr.

5-8 MOTIF II/A

(Csárdás)

refr.

B1 A szeretőm udvarában(4/4) 5-8 MOTIF IV/B

1-6 MOTIF III.

E1 Sört iszom én.2/2

(Haladó)

1-8 MOTIF V.

7-10 MOTIF IV/B

Sergő)

(Bukó)

MOTIF IV/C

11-13 MOTIF III/B

E2

D1 Pattogatott kukorica.4/4

1-8 MOTIF V/A

1-6 MOTIF III

9-16 MOTIF IV/B

7-9 MOTIF IV

E3

10-12 MOTIF III/A

1-8 MOTIF V.

refr.

9-16 MOTIF IV/C

7-9 MOTIF IV/A

E4

10-12

9-16 MOTIF V/A

A1

Érik már a búza, sárgul a kalásza
Engem gyaláz a szeretőm anyja,
Engem gyaláz, engem tesz a szóba,
Ha a fia szeret, nem tehetek róla!||

B1

A szeretőm udvarában van egy rezgő nyárfa.
Ha elmegyek én alatta, rámhajlik az ága.
Szagos a levele, rajtam van a falu nyelve,
M'ért is van a szeretőmnek hozzáigaz szíve!||

C1

Árpakása rizskásával keverve,
Tizenyolc esztendős legény gyere be!
Tizenyolc esztendős barna legény a babám,
Fedémesen azért haragszanak rám.||

D1

Pattogatott kukorica de édes!
Fedémesi bíró lánya de kényes!
Hogyne vóna kényes a bíró lánya,
Egész éjjel maga táncol a bálba.||

E1

Sört iszomén, nem pálinkát,
Menyeckét szeretek, nem lányt.
Jobb a menyecske, mint a lány,
Nem járat az maga után.

E2

Mindig ilyen víg voltam én,
Víg órában termettem én.
Vigan, vigan, víg angyalom,
Víg órában termett rajom.

E3

Ez az élet a juhászoké,
Nem a csajhos betyároké!
Mer' az a sok csajhos betyár,
Ejjel, nappal a harmatba jár!||

Step 5. LÁB ALATT CSAPÓ (Slap under leg) |||↓|||↓

clap hands in front of body ↓ + swing R leg fwd and clap under it ↓ + repeat these two meas. to L ↓ + repeat to R ↓ + clap in front of body ↓ + slap L outer boot w/L hand (knee turned in) ↓

Step 6. TAPSOS CSAPÓ (Slap w/clapping) □□□□□|□|

step to L w/L ft on heel, clap in front of body ↓ + step w/ R ft to L, behind L ft, clap again ↓ + small step to L w/L ft, clap ↓ + swing lower R leg to front knee bent, and slap inner R boot w/R hand ↓ + repeat to R □□| step onto L heel to L ↓ + step w/R ft to L, behind L ft ↓ + step on L ft, swinging lower R leg to R ↓ + close ft, clicking R ft to L ankle ↓

MOTIFS

I. BOKÁZÓ

pos: L hand on waist-fisted.
S1 R arm free and up

III. DOBOGÓ FORGÓ

S4

II. KERESZT-CSAPÓ

pos: arms free'
(3x S2)+S3

IV. CSAPÓ

S5+S6

SEQUENCE OF DANCE

A1

1-8 8x MOTIF I
(Bokázó)

A5

1-8

A2 1-8 2x MOTIF II
(Kereszt-csapó)

A6

1-8

B1 1-8 4x MOTIF III.
(Dobogó-forgó)

B5

1-8

B2 1-8 2x MOTIF IV.
(Csapó)

B6

1-8

A3 1-8 Repeat above
Motif Sequence

A7

1-8

A4 1-8 Repeat above
Motif Sequence

A8

1-8

B3 1-8 Repeat above
Motif Sequence

B7

1-8

B4 1-8 Repeat above
Motif Sequence

B8

1-8

B5 1-8 Repeat above
Motif Sequence

B9

1-8

B6 1-8 Repeat above
Motif Sequence

B10

1-8

B7 1-8 Repeat above
Motif Sequence

B11

1-8

B8 1-8 Repeat above
Motif Sequence

B12

1-8

B9 1-8 Repeat above
Motif Sequence

B13

1-8

B10 1-8 Repeat above
Motif Sequence

B14

1-8

B11 1-8 Repeat above
Motif Sequence

B15

1-8

B12 1-8 Repeat above
Motif Sequence

B16

1-8

B13 1-8 Repeat above
Motif Sequence

B17

1-8

B14 1-8 Repeat above
Motif Sequence

B18

1-8

B15 1-8 Repeat above
Motif Sequence

B19

1-8

B16 1-8 Repeat above
Motif Sequence

B20

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B17 1-8 Repeat above
Motif Sequence

B21

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B18 1-8 Repeat above
Motif Sequence

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B19 1-8 Repeat above
Motif Sequence

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B20 1-8 Repeat above
Motif Sequence

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B21 1-8 Repeat above
Motif Sequence

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B22 1-8 Repeat above
Motif Sequence

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B23 1-8 Repeat above
Motif Sequence

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B24 1-8 Repeat above
Motif Sequence

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B25 1-8 Repeat above
Motif Sequence

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B26 1-8 Repeat above
Motif Sequence

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B27 1-8 Repeat above
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B28 1-8 Repeat above
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B29 1-8 Repeat above
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B30 1-8 Repeat above
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B31 1-8 Repeat above
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B32 1-8 Repeat above
Motif Sequence

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B33 1-8 Repeat above
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B34 1-8 Repeat above
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B35 1-8 Repeat above
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B36 1-8 Repeat above
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B37 1-8 Repeat above
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B38 1-8 Repeat above
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B39 1-8 Repeat above
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B40 1-8 Repeat above
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B41 1-8 Repeat above
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B42 1-8 Repeat above
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B43 1-8 Repeat above
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B44 1-8 Repeat above
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B45 1-8 Repeat above
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B46 1-8 Repeat above
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B47 1-8 Repeat above
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B48 1-8 Repeat above
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B49 1-8 Repeat above
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B55 1-8 Repeat above
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B56 1-8 Repeat above
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B69 1-8 Repeat above
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B70 1-8 Repeat above
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B71 1-8 Repeat above
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B72 1-8 Repeat above
Motif Sequence

B76

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B73 1-8 Repeat above
Motif Sequence

B77