PANT CORLAN YR WYN The Lamb's Fold

Welsh

A Progressive Dance for Sets of Three

This dance was first introduced by Lucile K. Czarnowski at the Stockton Folk Dance Camp in 1951.

Welsh folk dances were performed in kitchens where space was limited, so movements are small, gliding, quick and distinct. Elbows are kept in, and hands down at sides when free.

RECORDS: H.M.V. B 9893 (with Deio To Towyn on reverse side)

FORMATION: Dancers stand in threes facing CCW. M is in the ctr with a W on each side. If an equal no. of M and W are present, an inside circle with 1 W and 2 M may be formed. Ctr dancers hold outside hands of the other 2 dancers who join inside hands above ctr dancer's head. (If ctr dancer is very tall, hands are joined in back.)

STEPS: Running step; Walk; Llanover step - "run, run, run, hop" - steps have an even count as in the schottische rhythm. Steps are all taken on the ball of the foot with each step about eight inches in front of the other ft. Ft are lifted only a few inches from the floor, even on the hop.

| <u>Measures</u> 1-4 5-8 | Pattern I. Forward and Backward Starting R ft. take 4 Llanover steps forward. Take 3 Llanover steps moving bwd: taking 3 stamps on the 8th meas while the ctr person moves bwd under the joined hands of the 2 outside dancers, finishing in a circle with hands crossed. |
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| 9 -1 2 | II. Step-Hops in place, Circle and Progress Starting R Ft. take 4 step-hops in place. (Low swing of free leg across supporting leg.) Circle to R with 8 running steps, finishing in a straight line |
| 13-16 | facing CCW, inside hands are joined, elbows down. All move fwd with 2 Llanover steps; moving bwd with 4 slow walking steps. The 2 outside dancers make a little circle outward with 2 Llanover steps, and with 4 slow walking steps joining hands with oncoming new ctr dancer, as in Fig I, to start the dance from the beginning. |