

PARISIAN POLKA

Danish

Music: Kismet 140

Formation: Couples

Measure:

Dance Pattern

- 1-7 Holding inside hands. M's L thumb in his armhole, L's R hand on her hip. Solo Tyrolean Polka forward.
- 8 With a hop they make an appel on both feet at the same time, with the inside foot placed in front, and immediately with another hop, make an appel on both feet at the same time, with the outside foot placed in front.
- 1-8 Repeat.
- 9 As L crosses in front, M releases hand and walks two steps to the R, the L into the center and the M away from center.
- 10 Step L foot a little forward and raise the R heel.
- 11-12 Repeat in opposite direction.
- 13-16 Repeat both (Measures 9-12)
- 9-16 The L dances backward with step-hop steps in front of the M who follows her. During the first hop step they hold each other by the R hand at shoulder height, and by the L hand during the second hop step and continue shifting in this manner raising joined hands above head and rejoining at waist (Plucking Golden Apples)
- 17 In closed position dance one polka step turning CW.
- 18 Heel and two with outside feet.
- 19-20 Repeat Measures 17 - 18 with inside feet.
- 21-24 Repeat Measures 17-20
- 17-24 Polka eight measures.

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