

PATTI CAKE POLKA *AMERICAN*

This is the most common version of a "surefire" mixer to warm up a new crowd early in the evening.

Music: Columbia-C47-7 "Little Brown Jug"

Formation

Partners face in a double circle, men in inside circle, ladies in outside circle. Start with one large circle with the man's partner on the right. Next, have the men stand in front of their partners. Ask them to take both of their partners hands and you are ready for the dance.

Action

Measure 1-2

Place "forward" heels out to the side (man's left, ladies right), then the same toe. Energetic folks may hop on these two steps.

Measure 3-4

Slide sideways around the circle to man's left with four sliding or gallop steps.

Measure 5-8

Repeat the heel and toe and slides in the opposite direction, starting with the man's right and ladies left foot.

Measure 9-12

Drop hands, clap partner's right hand three times, pause, then left hand three times, pause, then both hands three times, pause, and own lap three times with both hands, pause.

Measure 13-16

Hook right elbows with partner and walk once around each other, man releasing the lady and moving forward (to his left) to a new partner on the last measure.

Leaders Cue

Heel and toe and heel and toe,
Slide and slide and slide and slide,
Heel and toe and heel and toe,

Slide and slide and slide and slide,
Both; clap, clap, lap; clap, clap,
Turn your partner once around and
the men
Go on to the next.

ATTERBURY MIXER *AMERICAN*

Because this number is so easy, you will find it excellent as a program starter. Good for all ages.

Music: RCA Victor 45-6178 "Irish Washerwoman", "Oh, Susanna", Golden Slippers"

Formation

One single circle, lady on the man's right.

Action

(1) Ladies take four steps to the center and back to place; men clap hands and tap right foot.

(2) Men take four steps to the center, turn left, face the lady who was on his left in the circle and go to her.

(3) Men swing new partners.

(4) Partners promenade counter-clockwise.

(5) All join hands, make single circle facing center, and move to the left.

(6) With hands still joined, all go to the center and back. Repeat as desired.

Leaders Cue

- (1) Ladies in, men cheer.
- (2) Men in, ladies cheer.
- (3) Swing the lady who was on your left.
- (4) Promenade the hall.
- (5) All join hands and circle left.
- (6) Everybody balance in.

CIRCLE TWO-STEP *AMERICAN*

A fine dance to follow the grand march.