

PEERDESPRONG
(Horse-jump)

23

SOURCE: Eastern part of the Netherlands.
RECORD: Nevofoon 12162
FORMATION: Square of 4 cpls, standing on the corners.
STEPS: Running step and "horse jump:(hj)" a leap from inside to outside ft, the body is bent fwd and the outside arm goes dn; the ft of the inside leg is lifted up bkwd. Body and H come gradually up in the next running steps.

MUSIC: 3/4 PATTERN

Meas.

PART I CIRCLE

1-8 All join H's in a circle and make 16 running steps (kicking heels up) to the L and 16 to the R. All cpls end up in SCP, facing ctr.

PART II HEAD CPLS MEET, RETIRE AND CROSS OVER

1-2 With one hj and 5 running steps, the 2 head cpls meet,
3-4 retire bk with 6 running steps.

5-8 With one hj and 5 running steps they cross over (W passing L shoulders) and turn 1 1/2 around CW in 6 running steps.

1-8 They repeat this back to places.

1-8 Figure is repeated by the Side cpls.

PART III LADIES CROSS

1-4 With 1 hj and 5 running steps, the head W cross L shoulder to opp ptr, who takes her R H in his R H and makes her turn 1 1/2 CCW in 6 running steps.

5-8 They repeat action back to places.

1-8 Figure is repeated by side W.

PART IV CPLS TURN

9-16 In closed shoulder waist pos. all cpls turn in place CW 32 running steps (kicking heels up bkwd).

PART V MAKE LINES

9-16 Cpls 1 and 2 make a line opp cpls 3 and 4, with 4 small (slow) side-close steps, made on the 1st and 2nd ct of every meas. The H's clap at every 2nd ct, the rest of the music only the clapping continues.

Continued..

FEERDESPRONG CONT'D

PART VI MEET AND RETIRE, CHANGE LADIES

- 1-4 Cpls 1 and 4 and 2 and 3, meet and retire as in Part II.
- 5-8 Then all make the hj, but the M let go of their ptrs, who cross L shoulders and are swung around CCW by their opp. in 6 running steps in CP.
- 1-8 Repeat action back to places.

PART VII TO THE CENTER

- 1-4 With 1 hj and 5 running steps, all 4 cpls meet in the ctr and retire to the original corner places.
- 5-8 They repeat this. When meeting, the music has a long note, and all keep stretched arms up and outside legs lifted bwd. Then again bwd to places.
- 1-8 Part VII is repeated.

PART VIII CPLS TURN

- 9-16 All cpls turn as in Part IV. At the end of the music, the W jump and are lifted by their ptrs in a CW turning movement.

Presented by Femke van Doorn
Idyllwild Weekend 1978