

Pembe

From Macedonia. This dance unites slightly different versions I learned from Kete Ilievski and Michael Ginsburg. Step one is done until the leader calls step 2 - step 2 is done to the end of the music.

Arms held in W pos.

Step One: walking

A: Traveling to R: Facing slightly R

- 1) Lift R foot in place 2) step R to R 3) step L across R 4) step R to R
- 5) step L across R 6) step R to R 7) step L across R

B: In place (crossing part): Facing center

- 1) step back on R foot in place 2) Lift L foot in front 3) step L foot next to R foot 4) step R across L

repeat part B w/ opposite footwork

repeat part B, then step back on L foot in place, begin part A again

step Two: Lifts: called by leader as music speeds up.

A: Traveling to R: Facing slightly R

- 1) Lift R foot 2) step R to R 3) Lift L foot 4) step L across R
- 5) Lift R foot 6) step R to R

B: In Place (crossing part) Facing center

- 1) Lift L foot in front 2) slight dip w R knee 3) Bring R knee straight again 4) step L foot next to R

repeat B with opposite footwork

Repeat B, begin part A again