

PENTÓZALI
(Greece)

This is a slow Pentozáli from Crete,

Pronunciation:

Record: 8 X MRS 9081 "Original Gretan Music by Kostas
Mountakis" 2/4 meter

Formation: Open circle, dancers in "T" pos.

Meas

Pattern

- | | |
|---|---|
| 1 | Step sdwd on R (ct 1); touch L beside R (ct 2). |
| 2 | Step fwd on L (ct 1); touch R beside L (ct 2). |
| 3 | Step bkwd on R (ct 1); cross L in front of R, no wt (ct 2). |
| 4 | Step L to L (ct 1); touch R beside L (ct 2). |

Fast Pentozali:

- | | |
|---|--|
| 1 | Step sdwd on R (ct 1); hop on R, swinging L ft across R (ct 2). |
| 2 | Step sdwd on L (ct 1); hop on L, swinging R ft across L (ct 2). |
| 3 | Leap onto R to R side, bending R knee and kicking L fwd (ct 1); step to L on L ft (ct 2); step on R across in front of L, leaving L in place (ct &). |
| 4 | Step in place on L (ct 1); step sdwd on R (ct 2); step on L across in front of R (ct &). |

Variation: Patia

Same as Fast Pentozali above except on meas 4, ct 2 jump on R with L kicking fwd; tap L fwd (ct &).

Variation:

Same as previous Variation but add a fwd brushing motion to meas 3, cts 2, &.

Presented by Nikos Savvidis