

**Steps:**

- 1 Side r.
- 2 Cross l. behind r.
- 1 Side r.
- 2 Together l. or (a) slide l. to r., gradually lifting l. foot up behind r. calf high, bending l. knee.  
or (b) hobble onto r.
- 1 {  $\frac{1}{4}$  of a count) Step forward on l.  
  {  $\frac{1}{4}$  of a count) Together on ball of r. foot, knee bent.
- 2 Forward onto l.

**Variation**

- 1 Side r.
- 2 Cross l. behind r.
- 1 Side r. and quickly bring the l. to the r. slightly off the ground.
- 2 Forward l., together r.
- 1 {  $\frac{1}{4}$  of a count) Forward l.  
  {  $\frac{1}{4}$  of a count) Together on ball of r. foot, knee bent.
- 2 Forward l.

*Note: The hobble step is actually a slight hop started off with the aid of a little push on the ball of the other foot with knee bent and which is brought up to the other foot before pushing off on it.*

PETRIDES

**PENTOZALES**

The name of this dance means *pento* (five) *zalē* (step) jig, and is typical of tricky, fast-stepping island dances. This was also a war-dance but served to test the footwork and agility of the dancers. Frequently the dance breaks up into smaller groups and they perform somersaults while in line, the leader always elaborating on the basic steps and leaping through the

air. As the dance draws to a close, the small groups once again take their places on the line.

This dance also seems to be related to those dances which resemble hopscotch—the latter, however, being solo dances over swords or a mark in flour, meal, etc. If one keeps in mind that the islanders furnished the sailors for ancient Greek and Byzantine navies, and light infantry troops or marines, then it is easy to understand the necessity for practicing fast and tricky footwork. Running from place to place on a rocking boat demands perfect footwork and timing.

*Characteristics:* Fast and springy on balls of feet. When danced more vigorously and with leaping steps, the dance is called Ortsas.

*Formation:* Open circle moving counter-clockwise with shoulder hold. Sometimes danced in place. (Regular W handhold is occasionally used.)

*Time:* 2/4

*Steps:*

- 1 Step on l.
- 2 Hop on l. and cross r. over l.
- 1 Spring onto r. to the right side, swinging l. across in front of r. at the same time.
- 2 Spring onto l. to the left side.  
Cross and step r. in front of l.
- 1 Throw weight back on l.
- 2 Spring onto r. to the right side.  
Cross and step l. in front of r.
- 1 Throw weight back on r.
- 2 Leaving l. crossed in front of r., hop on r.

} These are three little quick steps.

} These are also three little quick steps.

PETRIDES