

1966 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Chris Tasulis

PENTTOZALI (5-Fig)
(Crete)

The most characteristic Cretan Dance, whose small rapid foot movements and leaps make it the most spectacular of all Cretan dances. Pento meaning five and zali meaning dizzy, refer to the 5 dizzy movements characteristic of the dance. Basically the 5 movements are: 1-forward, 2-backward, 3-Left, 4-Right, 5-up.

MUSIC: Record: Panhellenion KT-1001.

METER: $2/4$ or $\frac{2+2}{4}$ (count measure 1 2 3 4 & 1 2 & 3 4).

FORMATION: Open circle, arms on shoulders men and women, most usually in separate lines.

Measure	Count	Action	FIGURE 1 - "Ena"
1	1	Step on Left foot <u>forward</u> .	
	2	Hop on Left foot.	
	3	Step <u>backward</u> on Right foot.	
	4	Leap to <u>Left</u> on Left foot.	
	&	Cross and step Right foot in front of Left.	
2	1	Step Left foot in place.	
	2	Leap to <u>Right</u> on Right foot.	
	&	Cross and Step Left foot in front of Right.	
	3	Step Right foot in place.	
	4	Hop <u>up</u> on Right foot.	

Measure	Count	Action	FIGURE 2 - "thio" (singel brush)
1	1	Repeat meas. 1, ct. 1, Fig. 1.	
	2	" " ct. 2 "	
	3	" " ct. 3 "	
	4	" " ct. 4 "	
	&	" " ct. & "	
2	1	Step Left foot in place, extending Right foot forward	
	2	Extend Left foot forward (brush step).	
	&	Extend Right foot forward (brush step).	
	3	Repeat meas. 2, ct. 3, Fig. 1.	
	4	" " ct. 4 "	

Measure	Count	Action	FIGURE 3 - "tria" (double brush)
1	1	Repeat meas. 1, ct. 1, Fig. 1.	
	2	" " ct. 2 "	
	3	" " ct. 3 "	, extending Left foot forward.
	4	Extend Right foot forward (brush step).	
	&	Extend Left foot forward (brush step).	
2	1	Repeat meas. 2, ct. 1, Fig. 2.	
	2	" " ct. 2 "	
	&	" " ct. & "	
	3	" " ct. 3 "	
	4	" " ct. 4 "	(cont'd)

PENTOZALI (cont'd)

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Measure	Count	Action	FIGURE 4 - "Tesera"
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1	1	Repeat meas. 1, ct. 1, Fig. 1.	
	2	" " ct. 2 "	
	3	" " ct. 3 "	
	4	" " ct. 4 "	
	&	" " ct. & "	
2	1	" " 2, ct. 1 "	
	2	Hop from Left foot onto both feet (feet wide apart).	
	&	Step on Right foot, taking weight off Left foot.	
	3	Hop on Right foot, bringing Left foot behind Right.	
	4	Hop on Right foot, " " " in front of R.	

Measure	Count	Action	FIGURE 5 - "Pente"
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1	1	Repeat meas. 1, ct. 1, Fig. 1.	
	2	" " ct. 2 "	
	3	" " ct. 3 "	
	4	" " ct. 4 "	
	&	" " ct. & "	
2	1	Repeat meas. 2, ct. 1, Fig. 1.	
	2	Leap Right leg to Right, and immediately -	
	&	swing Left leg CW in large ARC and stamp floor with Left foot.	
	3	Repeat meas. 2, ct. 3, Fig. 1.	
	4	" " ct. 4 "	

Figures to be called by Leader (sequence and number).