

Presented by: Athan Karras

PENTOZALI (5-Fig) LL '73

SOURCE: From the island of Crete. It is believed to be derived from ancient Minoan "dance of Kouretes", "pento", is five and "zali" means dizzy. Thus a five dizzy step which in Cretan dialect provides the name for this dance. As the music gets livelier the dancers leap higher and improvise many variations.

RECORD: Panhellenion KT 1001

FORMATION: Arms on shoulders

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PATTERN

Measure FIG I

- 1 jump onto L ft directly fwd, bending R leg, on (ct2) hop on L ft
- 2 jump bwd on R ft, bringing L ft in front of R; on (ct 2) jump on L ft to the L crossing R ft in front stepping L R L
- 3 jump on R ft to R crossing L ft in front stepping RLR
- 4 raise L ft off the floor and hop on R ft
(ready to start phrase all over again)

FIG II

Repeat measures 1 and 2

- 3 jumping onto the R, do three little quick brush steps R L R
- 4 same as in FIG I

FIG III

Repeat measures 1 and 2 same as in FIG I

three brush steps on RLR

and repeat three little brush steps on L R L

- 4 same as above

FIG IV

repeat measures 1 and 2

jumping with feet apart

hop onto R ft, bringing L ft behind

hop onto R ft bringing L ft in front

- 4 same as above

FIG V

measures 1 and 2 same as above

- 3 jump on R ft to R, cross and bring L leg high in front of R
brushing and touching L toe
- 4 same as above

NOTE: Other variations are developed from these in various combinations.

Continued...

PENTOZALI

- Athan Karras
LL '73

FORMATION: An open circle with arms on shoulders, leader on the right will eventually do his own variation.

Measure:

- 1 jump on L ft fwd, bending R leg, on (ct 2) hop on L ft
- 2 Jump bwd on R ft, bringing L ft in front of R; on (ct 2) jump on L ft to L crossing R ft in front stepping LRL
- 3 jump on R ft to R crossing L ft in front stepping RLR
- 4 raise L ft off the floor and hop on R ft (ready to start phrase all over again)

- - - - -

Repeat Meas 1, 2, on 3rd meas jumping to the R do three quick brush steps RLR and repeat 4th meas.

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- 1 jump on L ft fwd (same as above)
- 2 jump bwd on R ft, do three brush steps, RLR
- 3 repeat three brush steps on LRL
- 4 same as (A)

- - - - -

Meas 1, 2 same as (A)

- 3 jumping on both feet apart, hop on R ft bring L behind, hop on R ft bring L ft front
- 4 same as (A)

- - - - -

- 1 same as (A)
- 2 " " "
- 3 jump on R ft to R, cross and bring L leg high in front of R, brushing or touching L ft down.
- 4 same as (A)